

École Trafalgar Elementary School
4170 Trafalgar Street, Vancouver, BC, V6L 2M5
Tel: 604-713-5475 Fax: 604-713-5477
Safe Arrival (to report absence/late) 604-713-5479

Principal : Mme Jacquie Lavoie
Vice-Principal : Mr. Sean Rupert
Administrative Assistant: Ms. Sharmila Patel
Direction of Instruction: Mr. Aaron Davis
PAC Co-Chairs Tracey MacLeod, Christiana Luo
trafalgapac.ca

Newsletter #2

Friday, September 28th, 2018

Dear Parents and Guardians,

The staff would like to thank all parents for coming out to our Meet the Teacher evening on Thursday evening. We hope that you found this time with your child's teacher helpful



in fostering the important teacher-parent relationship. Also, a huge thank you all the parent volunteers who helped make our annual Welcome Back social a huge success. Despite the gloomy weather, it was wonderful to see so many families gathered, parents chatting amongst one another and students connecting. Such events are important for community building but without parent volunteers and support, this would not be possible.

Thank you also to parents for completing the many forms that came your way this month! If you have not yet completed the student verification form, please send it back as soon as possible, as we require this confirmed and important information.

Please save the date for our next community building event- The Monster's Ball set for Friday, October 26!

Sincerely,

Jacquie Lavoie
Principal

Orange Shirt Day

This year Orange Shirt Day is on Sunday, September 30th and it serves to honour children who survived the Residential Schools and remember those who did not. This year, at Trafalgar Elementary, Orange Shirt Day will be recognized on Monday, October 1st. When you wake up on Monday morning and are getting ready for school, think ORANGE, wear ORANGE, be ORANGE!

A big thank you to Ayaan Jeraj, along with his peers and Mme Hoppen of Division 1, for all their work in organizing this important day for Trafalgar. We are so proud of you for taking on this important initiative! Division 1 has been busy making poster, giving morning announcements and they have even written a bilingual song for Orange Day. Come hear them perform this song on the morning of October 1st beginning at 8:30 am, outside in the front of the school. All students are invited to join in making music on Monday with recycled plastic cutlery, cups and whatever else can be transformed into an instrument. Please remind your Trafalgar Spirit Wolf to bring something that is recycled that can also be used to make music on Orange Shirt Day!



Orange Shirt is a legacy of the St. Joseph Mission Residential School commemoration event held in Williams Lake, BC, Canada in the spring of 2013. It grew out of Phyllis' story of having a shiny new orange shirt taken away from her on her first day of school at the residential school. It has become an opportunity to keep the discussion on all aspects of residential schools happening annually. Let's keep the discussion on reconciliation happening on Monday – Remember to wear ORANGE on Monday, October 1st!

Student Monitors

A big thank you to our Grade 4, 5, 6 and 7 students who have put their names forward to be hall and playground monitors, office monitors and lunch monitors. It is rewarding to see so many of our students who are eager to help out. We are so proud of our monitors, who volunteer their recess and lunch time to help out in so many ways!



Dress for the Weather



Unfortunately, the cooler and rainy weather will soon be upon us. Students are reminded to come to school dressed to play outside at recess and lunch. Students are not permitted to remain inside as supervision is outdoors. Also, it is important for students' learning, to run and play! This will help with concentration in class. Therefore, please send your child to school dressed to play outside. It is recommended to send extra clothing to school.

Safe Arrival

Just a reminder to call the SAFE ARRIVAL number (604.713.5479) if your child is going to be late or absent from school. The Safe Arrival program is a parent volunteer initiative that contacts families when any students have an unknown absence from school. Please help out our volunteers by calling the Safe Arrival number if your child is going to be away from school.



Medications at School



All students that require medication at school must have the VSB medical forms filled out each year and handed into the office. If you have not notified the office of your child's medical needs, or have not handed in your paperwork/medication then please contact the office as soon as possible.

Cross Country

Cross Country season has started for all students K-7 who want to join our team! Practices are held on Tuesday and Thursday mornings (rain or shine) at 8:00 a.m. Please meet at the Undercover Play Area.

Extra permission forms can be found in front of the office. Please return your signed permission form to the office.



Meets:

Tuesday, October 2: Jericho East

Thursday, October 11: Balaclava Park

Thursday, October 18th: Trout Lake 1:00p.m.-2:45p.m. (Championships)

Please meet in the Gym at 3:00pm if you are able to drive students to the meet. A Driver's Form must be filled out in the office before you drive another child other than your own. Please ensure your child checks-out with the assigned teacher at the end of each meet.

BC School Fruit and Vegetable Nutritional Program

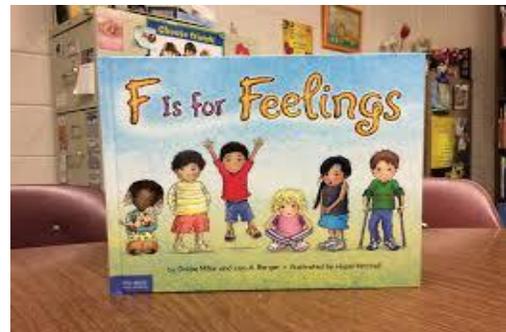
We are pleased to share that once again; our school is involved in the province-wide healthy living initiative. One of the goals of this program is to encourage healthy eating by providing fresh BC fruits and vegetables to our students *during class time*. Our students will receive these healthy treats 12 times over the school year at **no charge!**



Thank you to Haley Barton and Cherie McBeth, along with Mme Laure and Anne-Marie's classes for helping out. If you do not wish for your child to participate or if your child has any new allergies that we were not aware of last year, please contact the office to let us know. All Kindergarten students and students new to Trafalgar this year should have received the consent form via email.

Feelings Corner

As the counselor-teacher here at Trafalgar Elementary, I will be writing small articles in the Newsletter to provide support to families in the community, and to let everyone know the lessons that are being provided in classrooms in support of social emotional learning. I describe my role as the "feelings teacher" and my job is to help students take care of their big uncomfortable feelings.



In October, I will be working with Kindergarten and Grade One students talking about what we should do when someone is being unkind. Using Kathryn Otoshi's book **One**, we practice using our words and our bodies to stand up to unkind behavior. The sequences are listed below.

1. FIRST STEP:

- Say their NAME
- Say "STOP"
- Name the behavior: "YOU ARE...(hitting me, kicking me, making fun of me, excluding me, yelling at me, etc.)"
- Name how you feel about it: AND I DON'T LIKE IT
- Repeat: YOU NEED TO STOP!

NAME, STOP!

YOU ARE (NAME BEHAVIOUR) AND I DON'T LIKE IT!!!

YOU NEED TO STOP!!!

2. SECOND STEP

NAME, I HAVE ASKED YOU TO STOP (NAME BEHAVIOUR).

IF YOU CANNOT STOP, I WILL GET HELP

3. THIRD STEP

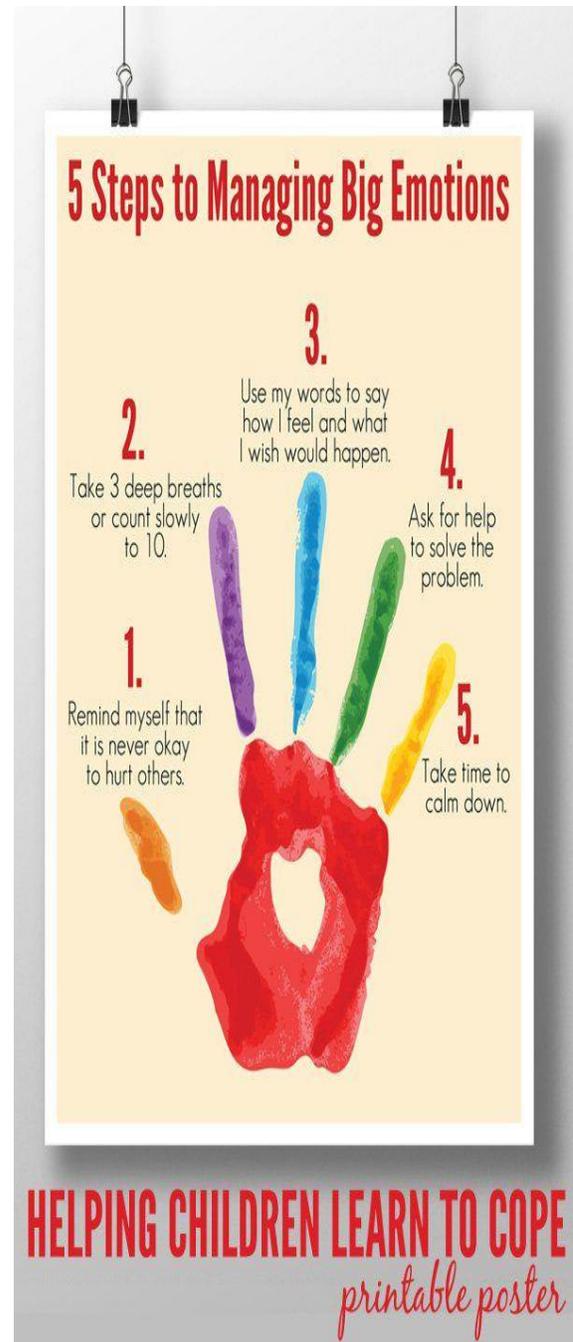
Get Help!

HELPER, I HAVE ASKED NAME TO STOP (NAME BEHAVIOUR) AND THEY WILL NOT STOP. CAN YOU HELP ME?

In every step, the idea is for children (and adults!) to get practice at naming their feelings. Students also have the experience of taking care of an unwanted behavior by clearly speaking and addressing the concern.

This unit also emphasizes that "we all take turns at being unkind". When it is our turn to be unkind, we need to understand that even though we may be feeling angry, lonely, frustrated, sad or hurt, that it is still our job to take care of those feelings and resist the temptation to throw our pain onto someone else.

I am at Trafalgar Elementary Tuesday, Thursday and Friday afternoons. I look forward to learning more about the community, especially the students. Dr. Emi Garzitto (Ms. G)



One to One Volunteer Tutors Needed

Become a ONE TO ONE volunteer tutor and open the world of reading to a child! For nearly 30 years, ONE TO ONE Literacy Society has been helping struggling young readers in Vancouver-area public schools with the opportunity to practice reading with a caring, patient adult. We know that this time spent with students directly impacts the student's confidence and their chance of succeeding academically and in life.



Do you have 2 – 3 hours a week during school hours to work one-on-one with students? Our volunteer tutors read once a week, either in the mornings or afternoons, at a specific school, from October to June. You will be developing a relationship with the students that will help them bloom into successful readers.



You must be 18 years old, be proficient in English and/or French and complete a criminal background check. We will provide you with training and ongoing support. Training sessions for new volunteers will be held in September 2018. We are looking for volunteer tutors in Vancouver, North Vancouver, Burnaby, Richmond, New Westminister and Coquitlam. Register now in three easy steps by visiting www.one-to-one.ca/volunteer.

Volunteer :: ONE TO ONE : A Children's Literacy Society

www.one-to-one.ca

The work is fun and very rewarding! We provide thorough training and ongoing support to all volunteer tutors. Contact us today 604.255.5559.



IMPORTANT DATES

Monday, October 1	Noon Hour Programs begin
Wednesday, October 3	Hot Lunch starts
Monday, October 8	Thanksgiving- No School
Tuesday, October 16	Early Dismissal 2:00 pm Goal Setting conferences Scholastic Book Fair
Wednesday, October 17	Early Dismissal 2:00 pm Goal Setting Conferences Scholastic Book Fair
Thursday, October 18	Cross Country District Meet- 1:00 pm Trout Lake
Friday, October 19	District Wide Non-Instructional Day
Friday, October 26	Pumpkin Patch and Monster's Ball