



École Trafalgar Elementary School

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Principal: Mme Jacquie Lavoie

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Newsletter #13

Friday, March 2, 2018

Dear Parents,

Trafalgar School celebrated Pink Day on Wednesday, February 28th. Thank you to all students and staff who supported this important day by wearing pink. The Sea of Pink at our assembly was most impressive!

Thank you to Student Council for organizing, hosting and running the Pink Day assembly. We are proud of your leadership skills! Student Council also prepared and created a banner highlighting Trafalgar's support against bullying. All students and staff members are invited to sign this banner and add positive comments. It is amazing to see what the students have written thus far. Please have a read when you are in the building. (two photos of banner here).

A special thank you to Dr. Shimi Kang for speaking at our assembly and to the Dolphin Kids Club for presenting. Dr. Kang spoke to the students about:

-Being an assertive "dolphin" – not an aggressive "tiger" or permissive "jelly fish", which the Dolphins Kids role played

-She also spoke to the students about the importance of Play, Being with Others and Downtime

We so appreciate Dr. Kang's visit.

As mentioned by our Student Council, we expect our students to treat everyone kindly and respectfully, not just on Pink Day, but every day.

(add Pink day pictures)

With thanks,
Jacquie Lavoie
Principal

Community Building

As mentioned, community building within our own building, is our main school goal this year. A wonderful example of community building was organized by Student Council prior to our Pink Day assembly. The Student Council members organized a pink shirt decorating activity, whereby classes were randomly paired up together and decorated pink paper t-shirts with messages about anti-bullying. These pink shirts were used to decorate our gym for the Pink Day assembly. Classes who otherwise might never have the opportunity to work together, or even visit each other's classrooms, were seen working hand in hand. (insert two photos here) Thank you Student Council for organizing this!

Student Led Conferences

Some classes will be hosting Student-led Conferences March 14th and 15th. Your classroom teacher will be sending home information about conference times. The divisions that are piloting the new report cards, will be holding their conferences later in the spring.

Saleema Noon Workshops

As mentioned, Saleema Noon will be conducting "Body Science Workshops" with all divisions the week of March 5th. If you wish to know when your class will be seeing Saleema, please contact the office or your classroom teacher.

Safe Arrival

A reminder to please call Safe Arrival if your child will be away or late. Extended absences must be reported to the office.

EARTHBITES' STUDENTS ARE EXPLORING SPRING GREENS

Last fall students learned about Building (immunity & habitat). Outside students explored different types of animal and insect homes, learning about ways they can help by building habitat throughout the winter. Many classes made worm hotels! Inside they learned about how to support their immune system and made ginger ale with fresh ginger.

EarthBites' current module focuses on Spring Greens.

Your RHN (Registered Holistic Nutritionist) will be making a hummus with

chickpeas, spring greens, garlic, olive oil and lemon that can help nourish and cleanse your digestive system.

Outside your urban farmer will help students plan their spring gardens using the square foot method of gardening, practice their pruning techniques, and amend garden beds with compost. As we wait for the snow to melt and the weather to warm, spring seedlings will be planted in seed trays for growing inside.

Students will be hosting a Spring Market on Thursday April 26th. Grade 6/7 students will be making a snack and drink to sell after school and additional goods and produce will be for sale. We encourage students and families to bring change if they wish to purchase items for sale. All proceeds go towards supporting operations of the school garden.

SPRING GREEN HUMMUS RECIPE:

Ingredients

- 4 cups Spring greens
- 1 can Chickpeas (15 oz can)
- 1 Lemon, large
- 1 Garlic clove
- 2 tbsp Olive oil
- 1 tsp Cumin
- Dash Salt and pepper, to taste

Directions:

1. Place the first six ingredients into a food processor or blender.
2. Blend until smooth.
3. Add the spring greens little at a time until blended nicely.
4. Serve with Corn Chips
5. Enjoy!

Important Dates

- Friday, March 2- Lunar Festival- 5:00-8:00 pm
- Tuesday, March 6-8- Saleema Noon workshops for students
- Friday, March 9- Lights Up presentation- 2:00 pm
- Tuesday, March 13- PAC meeting- 7:00 pm
- Wednesday, March 14- Early Dismissal 2:00 pm for ALL divisions
 - Student led conferences for some divisions

Thursday, March 15- Early Dismissal 2:00 pm for ALL divisions
-Student led conferences for some divisions

Friday, March 16- Last day of school before Spring Break
-reports to go home for some divisions