

# JUNE 2018 MENU



**ONLY**  
**\$4.95**  
per day

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

				Cacciatore Chicken with Tri-colour Rotini Fruit or Veggie Milk <b>1</b>
Chicken Lo Mein (Asian Noodle) Fruit or Veggie Milk <b>4</b>	Curry Beef with Carrot on Rice Fruit or Veggie Milk <b>5</b>	Chicken Caesar Wrap WW Tortilla Fruit or Veggie Milk <b>6</b>	Meat Sauce (beef) with WW Penne Fruit or Veggie Milk <i>Div 7/8 Field Trip</i> <b>7</b>	BBQ Chicken with Kernel Corn Fruit or Veggie Milk <b>8</b>
Chicken à la King on Rice Fruit or Veggie Milk <b>11</b>	Cheese Ravioli with Tomato Sauce Fruit or Veggie Milk <b>12</b>	Fish Taco WW Tortilla Shredded Lettuce Fruit or Veggie Milk <b>13</b>	Shepherd's Pie (beef) Fruit or Veggie Milk <b>14</b>	Butter Chicken with Brown Blend Rice Fruit or Veggie Milk <b>15</b>
Mango Salsa Chicken with Kernel Corn Fruit or Veggie Milk <i>Gr 6/7 Camp</i> <b>18</b>	Pulled Pork WW Bun Fruit or Veggie Milk <i>Div 5-10 Field Trip Gr 6/7 Camp</i> <b>19</b>	BBQ Chicken with Mashed Potatoes Fruit or Veggie Milk <i>Gr 6/7 Camp</i> <b>20</b>	WW Macaroni & Cheese Fruit or Veggie Milk <b>21</b>	Chicken Finger with Potato Wedges Fruit or Veggie Milk <b>22</b>
Stir Fry Pork on Rice Fruit or Veggie Milk <b>25</b>	Hot Dog (beef) WW Bun Fruit or Veggie Milk <b>26</b>	Cheese Pizza Fruit or Veggie Juice box <b>27</b>	Veggie-Pepperoni Pizza (meat-free, multigrain crust) Fruit or Veggie Milk <b>28</b>	<b>School Out!</b> <b>29</b>

DID YOU KNOW...

The Lunchsmart™ program provides safe, healthy food at school. The Vancouver School Board believes that sound nutritional practices help children be successful at school. A hot lunch is served most days. All menus are prepared following the Ministry of Education nutritional guidelines for healthy eating at school. **The Lunchsmart™ program does not provide for special diets.** The only food available is what is on the daily menu. Please report any specific food allergies to the school office. Parents should review menu choices specific to their child's dietary restrictions and ensure their child is aware of any food items he/she should not be eating.

**Deduct \$4.95/day if your child is on a Field Trip/Camp**

MONTHLY PROGRAM COST: **\$99.00**

**\*Full Payment Required. I can contribute this month.**

**COMPLETE THE LUNCHSMART™ REGISTRATION ENVELOPE.**

**PAY BY CHEQUE\* OR CASH.**

**RETURN THE SEALED ENVELOPE TO THE OFFICE BY:**

**Thursday, May 17, 2018**

\*Please make cheques payable to the Vancouver School Board.