

# JUNE 2017 MENU



**ONLY \$4.95 per day**

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

	<b>Field Trip – Div 6</b> <b>Please bring a bagged lunch</b> <i>Not charged</i>		Butter Chicken with Brown Blend Rice Fruit or Veggie Milk	Beef Lasagna Fruit or Veggie Milk
Chicken Lo Mein (Asian Noodle) Fruit or Veggie Milk	Beef Burrito WW Tortilla Shredded Lettuce & Cheese Fruit or Veggie Milk	Chicken Noodle Soup Cracked Wheat Bun or Crackers Fruit or Veggie Milk	Turkey Meatballs with WW Spaghetti Fruit or Veggie Milk	Shepherd's Pie (beef) Fruit or Veggie Milk
Cheese Ravioli in Tomato Sauce Fruit or Veggie Milk	Pulled Pork Cracked Wheat Bun Fruit or Veggie Milk	Chicken Caesar Wrap WW Tortilla Fruit or Veggie Milk	Beef Stew with Potato & Veggie Crackers Fruit or Veggie Milk	BBQ Chicken with Mashed Potato Fruit or Veggie Milk
Cacciatore Chicken with Tri-colour Rotini Fruit or Veggie Milk	Beef Chili Cracked Wheat Bun Fruit or Veggie Milk	Fish Taco WW Tortilla Shredded Lettuce Fruit or Veggie Milk	WW Penne Pasta with Meat Sauce (beef) Fruit or Veggie Milk	Mango Salsa Chicken with Kernel Corn Fruit or Veggie Milk
Chicken Finger with Potato Wedges Fruit or Veggie Milk	Hot Dog (beef) Cracked Wheat Bun Fruit or Veggie Milk	Chicken & Pineapple Pizza Fruit or Veggie Juice	Cheese Pizza (multigrain crust) Fruit or Veggie Milk	<b>School out!</b>

DID YOU KNOW...

The Lunchsmart™ program provides safe, healthy food at school. The Vancouver School Board believes that sound nutritional practices help children be successful at school. A hot lunch is served most days. All menus are prepared following the Ministry of Education nutritional guidelines for healthy eating at school. **The Lunchsmart™ program does not provide special diets.** The only food available is what is on the daily menu. Please report any specific food allergies to the school office. Parents should review menu choices specific to their child's dietary restrictions and ensure their child is aware of any food items he/she should not be eating.

MONTHLY PROGRAM COST:

**\$103.95**

**\*Full Payment Required. I can contribute this month.**

**COMPLETE THE LUNCHSMART™ REGISTRATION ENVELOPE.**

**PAY BY CHEQUE\* OR CASH.**

**RETURN THE SEALED ENVELOPE TO THE OFFICE BY:**

**Thursday, May 25, 2017**

\*Please make cheques payable to the Vancouver School Board.