

- Want to have more fun and strengthen your connection with your teen?
- Could you use some new strategies for setting boundaries as your youth matures?
- Are you looking for tips on how to improve communication with your teen?

*SACY offers casual, friendly & supportive workshops across Vancouver.
Please join us. We have cookies.*

Building Bridges with your Teen

We'll look at brain changes and the science behind teen behaviour. Share your insights, and together we'll explore practical ways to support healthy decision-making and developing capable young people.

Dec 7 2017	Churchill Secondary	7 – 9 pm
Feb 1 2018	Britannia Secondary	7 – 9 pm
Feb 20 2018	King George Secondary	7 – 9 pm
Mar 13 2018	Vancouver Technical Secondary	7 – 9 pm

*visit www.vsb.bc.ca/SACY/workshops

For info on sessions in languages other than English or to look for new dates.

SACY Adult Toolkit: understanding youth & substance use

Join us for a friendly, non-judgmental evening for caregivers. Add to your skills & knowledge about teens, alcohol & cannabis, and clarify risks and protective strategies during a risky time in our community. We'll review practical information on teen development and ways to support teens' healthy decision-making.

Dec 5 2017	SACY STEP Portable @ Tupper Secondary	6:30 – 8:30 pm
March 8 2018	SACY STEP Portable @ Tupper Secondary	6:30 – 8:30 pm
May 31 2018	SACY STEP Portable @ Tupper Secondary	6:30 – 8:30 pm

(portable on the corner of Prince Edward St and East 23rd)

Seating is limited. Please register on eventbrite:
www.SACY.eventbrite.ca