

SACY Parent & Family staff work with schools and families to strengthen connections with youth and to support their healthy social, emotional & physical development. SACY is available across the district to collaborate on referrals to community services for families, as well speakers and supports for enhancing parent and family engagement for schools.

## Parent Presentations and Resources

Organization	Topic	Contact
Capacity Café	<b>Youth Voices:</b> Parents have the opportunity to hear directly from youth about the stresses and pressures youth face and learn from youth perspectives.	Alexandra Wilson <a href="mailto:ajwilson@vsb.bc.ca">ajwilson@vsb.bc.ca</a> <a href="http://www.vsb.bc.ca/SACY">www.vsb.bc.ca/SACY</a>
FamilySmart and Parent in Residence	<b>Mental Health:</b> FamilySmart empowers families and works collaboratively with professionals to meet the mental health needs of families. Parent in Residence may be available to speak.	<a href="http://www.familysmart.ca">www.familysmart.ca</a> 604-878-3400
Parents Together	<b>Parent Support:</b> A mutual support group for parents to develop skills to end conflict in their homes. A facilitator & parents from the groups are available for presentations / Q & A on surviving some of the challenges of the teen years.	<a href="mailto:parentstogether@bgcbc.ca">parentstogether@bgcbc.ca</a> 604-325-0556
VCH C.A.R.T.	<b>Child &amp; Adolescent Response Team:</b> A Vancouver Coastal Health child and youth clinician may be available to speak on topics related to youth mental health and parenting.	Blazhena Leigh Interim Coordinator <a href="mailto:Blazhena.Laigh@vch.ca">Blazhena.Laigh@vch.ca</a>
VCH B.L.U.S.H.	<b>Bold Learning for Understanding Sexual Health:</b> Encourage discussions about all the emotional and social considerations around sexual health.	Lani El-Guebaly 604-875-9812 Program Coordinator <a href="mailto:lani.el-guebaly@vch.ca">lani.el-guebaly@vch.ca</a>
Richmond Addiction Services	<b>Internet Gaming:</b> Information sessions for parent groups regarding responsible and/or problem gambling awareness.	Clarence Chan Phone: 604-270-9220
Safe Online	<b>Internet Safety:</b> internet 101, cyberbullying, online pornography and social media basics, examples of positive technology use, tips for parenting wired kids.	<a href="mailto:info@safeonline.ca">info@safeonline.ca</a> NOTE: there is a fee for presentation.
BC Problem Gambling	<b>Problem Gambling (&amp; Gaming) Prevention:</b> public education, consultation to professionals, and prevention activities related to problem gambling, including some online gaming presentations.	1-888-795-6111 <a href="mailto:info@bcresponsiblegambling.ca">info@bcresponsiblegambling.ca</a>
VSB Diversity Mentor	<b>Inclusive Practice:</b> Providing education and support designed to build capacity within schools & individuals with respect to issues of diversity & inclusive practices.	<a href="mailto:diversity@vsb.bc.ca">diversity@vsb.bc.ca</a>
Secondary Counsellors	<b>Guidance Counsellor:</b> A school counsellor may be able to talk with parents about supporting youth (especially grade 8 parents) in secondary school, both academically & emotionally.	Your Secondary School Website
Options for Sexual Health (OPT)	<b>Becoming an Askable Adult:</b> for adults who want the skills to be approachable, non-judgmental sources of reliable sexual health information.	<a href="http://www.optionsforsexualhealth.org/education/booking-form">www.optionsforsexualhealth.org/education/booking-form</a>

Visit [www.vsb.bc.ca/SACY](http://www.vsb.bc.ca/SACY) for more information