

EMERGENT – 911 – For example: Suicide attempt or intent with plan and/or acute psychosis

BC Children’s ED: (604) 875-2134 Up to the day before their 17th birthday	VGH ED (Age 17+): (604) 875-4111 St Paul’s ED (Age 17+): (604) 682-2344
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URGENT- For example: Acute mental health crisis such as suicidal ideation, acute psychosis manageable in community, and/or severe symptom/deterioration in functioning

Child & Adolescent Response Team (CART)- Age 5-18 Urgent response for acute psychiatric or emotional crisis, such as suicidal	(604) 874-2300 Hours: Mon-Fri, 9:00am -5:00pm
Mental Health Emergency Services (MHES)- All Ages Crisis intervention by phone	(604) 874-7307 Hours: 24/7
Early Psychosis Intervention (EPI) Age 13-30 New onset of psychosis	(604) 675-3875 Hours: Mon- Fri, 9:00am – 5:00pm
BC Children’s Hospital Urgent Assessment Clinic Age 6-18 yrs Tertiary Service – access community services first where appropriate	(604) 875-2010 Hours: Mon – Fri, 8:30am–4:30 pm

NON-URGENT – send patients for screening to clinics below:

Community Mental Health Teams For children and youth with serious mental health issues eg. Anxiety/ADHD/Conduct Disorder/Depression	Mental Health Walk in Clinic Hours: East Side: 2750 E. Hastings, #355; 604-675-3895 (Mon/Tue, 9:00am – 4:00pm) West Side: 2110 West 43 rd , 3 rd Floor; 604-267-3970 Tue/Wed, 9:00am – 4:00pm
Alan Cashmore Centre - For emotional/social/behavioural issues Age < 5 yrs program	(604) 675-3996 Hours: Mon – Fri 8:15am -5:15pm
Youth Outreach Service - For youth with no fixed address Ages 13-18	(604) 688-0551 Hours: Mon – Fri 8:30am -5:30pm
Aboriginal Youth Worker Ages - child & youth	(778) -838-9005
FACES Programs for Info call (604) 675-3896 Hours: Mon – Fri 8:30 – 5:00 pm	FACES Youth Concurrent Disorders Age 5-18 Mental Health & addiction concurrently
FACES Boundaries Program Age <12 who exhibit sexualized behaviour- Also for families and caregivers to problem solve	FACES ADHD Parent Program Age 3-15 Includes Group education for parents and in-home/office support with family
FACES Connect Parent Program Age 8-18 For parents of children dealing with attachment issues	FACES Managing Tough Behaviours evening sessions For Parents of children 4-<16 with significant behaviour issues

NON-URGENT- Call directly

SAFER - Age 19 and up (Robert & Lily Community Centre) Support for those feeling suicidal or who have attempted suicide	(604) 675-3985 Hours: Mon-Fri, 8:30am-4:30pm After hours – call Emerg
School Aged Children & Youth Substance Use Prevention (SACY) Ages -preteens & teens-prevention and early intervention	(604) 713-5899
VCH Eating Disorders Program Age 14 -30yrs for all eating disorders	(604) 675-2531 Hours: Mon-Fri, 9:00-5:00

OTHER

RACE (Rapid Access to Consultative Expertise) Telephone Consultation with a Child & Adolescent Psychiatrist	(604) 696-2131 Hours: Mon-Fri, 8:00am – 5:00pm
CHADD – Children and Adults with Attention deficit disorder	\$5.00 drop-in – no one is turned away

Monthly education and support meetings

Phone: (604)-222-4043

Other Resources

School Counsellors and/or School Doctors	Call Child's Community School
Community Psychiatrists and Paediatricians	https://www.cpsbc.ca
Community Psychologists/counsellors	www.collegeofpsychologists.bc.ca or counsellingbc.com

Mental Health Programs -Tertiary Care - BC CHILDREN'S HOSPITAL

Main number for inquires: (604) 875-2010; Central Referral Form Fax to: (604) 875-2099

http://www.bcchildrens.ca/Services/ChildYouthMentalHlth/Referral_information.htm

Adolescent or Child Psychiatry Inpatient Unit- Referral only via CYMH For serious psychiatric symptoms s/a psychosis, mood, suicidal or anxiety states	Age 12- < 17- Adolescent Age < 12 for Children
ADHD Disorder Program – Outpatient assessment and consultation	Age 6 - < 18
Autism Spectrum Disorders (Sunny Hill Centre) Assessment, diagnosis and education	Age 2 - <19
Child & Adolescent Psychiatry Emergency (CAPE) Intake via emergency for acute psychiatric problems. Youth 17 + must go to local ED for assessment, Children 16 and under can go directly to BC Children's ED	Age - up to age 17 ←See age breakdown for intake
Child Psychiatry Teaching and Consultation Clinic - Outpatient psychiatric assessments	Age 6- < 18
Eating Disorders Program - Outpatient & inpatient treatment: contact Intake Nurse	Age– up to age 17 (17+ to SPH)
Infant psychiatric clinic - Assessment, consultation, intervention	Age – up to age 5
Mental Health Metabolic Clinic	Age- up to 18 yrs.
Mood and Anxiety Disorder Clinic - Outpatient consultation, diagnosis and treatment	Age 6- < 18
Neuropsychiatry Clinic - Neurodevelopmental & behavioural conditions	Age 6- < 18
Provincial Youth Concurrent Disorders Program Outpatient assessment for dual diagnosis	Age 12- <24
Urgent Assessment Clinic - Assessments for acute psychiatric symptoms	Age 6-<18

Vancouver Coastal Health Youth Clinics: free and confidential services for youth up to age 24

Broadway Youth Resource Centre- 2780 East Broadway, Van.	Thursdays 2:30 – 5pm	(604) 786-2228
Boulevard Youth Clinic – 2110 West 43 rd Ave, Van.	Tues, 2:30-5pm, Thurs 3:30-5pm	(604) 261-6366
East Vancouver Youth Clinic – 1669 E. Broadway, Van.	Mon – Wed, 3-6pm, Fri, 2-5pm	(604) 675-3986
Knight Street Youth Clinic – 6405 Knight St, Van	Mon, 2-4:30pm, Thurs, 3-6pm	(604) 321-6151
Pine Community Health Clinic, 1985 4 th Avenue W, Van	Mon/Fri – 9 am - 5pm Tues/Wed/Thur -9am-6:30pm	(604) 736-2391
Three Bridges Youth Clinic - 1292 Hornby St, Vancouver, BC	Mon-Fri , 5-8pm, Sat 10-5pm	(604) 736-9844

Community Resources for families and youth dealing with mental health issues:

- Kelty Mental Health Centre – www.keltymentalhealth.ca – information & supportive resources
- F.O.R.C.E.- www.forcesociety.com – support and information for families
- Strongest Families – strongestfamilies@cmha.bc.ca - help with mild-moderate behavioural problems
- Youth in BC – youthinbc.com – crisis online service 24/7

Provincial Concurrent Disorders Program

Youth age 12 – 24
Require referral from physician or nurse practitioner
604-875-2345 local 5332
<http://www.bcmhsus.ca>

FOR KIDS:

Crisis Line: (604) 872-3311
Suicide Hotline: (604) 784-2433
Kids Helpline: 1-800-668-6868
Youth in BC Crisis line: (604) 872-3311