

Name: \_\_\_\_\_

Block: \_\_\_\_\_

## Using Textbooks

- Begin with previewing or surveying the entire text.
- Look at the title page, table of contents, preface or introduction to the textbook, glossary, index, and appendix.
- SQ3R = Survey, Question, Read, Recite, Review
  1. Survey = Read headings, subheadings, introductions and summaries; look at pictures, graphs, and bolded vocabulary
  2. Question = Turn headings and subheadings into questions as you read. It helps focus and identify main ideas.
  3. Read = Read carefully with questions in mind. Write down answers to questions, main ideas and important supporting details. Try to connect your reading to ideas you already know.
  4. Recite = After you read a section, try to recite the material in your own words, it will help you learn and store information in your long term memory.
  5. Review = Start to review immediately and continue to review throughout the term. Write summaries of each chapter. Create flash cards from questions/key terms at the end of each chapter.
- Always read with a pen or pencil in hand (so you can take notes on a separate piece of paper).
- Main ideas are often in the first sentence of a paragraph.
- Read other sources related to the material.
- Think about whether you agree or disagree with the material. This will help you become an active reader.
- Try reading difficult material out loud
- Add kinesthetic and visual learning to your notes.