



# Seymour Buzz

## Admiral Seymour Elementary School

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**Our School Plan** – At Admiral Seymour our goals are to increase student achievement by focusing on social-emotional learning and to increase knowledge, acceptance, empathy, awareness and appreciation of Aboriginal histories, traditions, cultures and contributions among all students.

### Code of Conduct



*Be mindful of YOURSELF. Be mindful of OTHERS. Be mindful of this PLACE.*

### IMPORTANT DATES.....Mark your Calendars



November 27 – Dec. 4th	Tennis week at Seymour
Friday, December 1st	PROFESSIONAL DEVELOPMENT DAY – No school for students
Friday, December 15th	St. James concert at the school 11:00 am with Shine Your Light display
Monday, December 18th	Report Cards go home (Please return signed envelope)
Thursday, December 21st	Last day to apply for specialty Grade 8 programs for Sept. 2018
Friday, December 22nd	Last day of school before Winter Vacation
Monday, January 8th	School re-opens after Winter Vacation

*Note: Parents are invited and welcome to all assemblies and performances.*

### Dear Families:

Hello. What a busy school! We are a busy little hive of activity- all day, every day. It is now Tennis Week and every student will learn skills that will be both fun and challenging.

I am hoping that parents will help spread the word that **Kindergarten registration** is open now! Last year many families registered late and we did not have room for them. It is crucial that registration happens in advance so we can organize staff. If you know of a child who is **born in 2013** who lives in our catchment, please encourage them to register as soon as possible. Please contact the school should further information be needed.

Dorothy Watkins - Principal [dwatkins@vsb.bc.ca](mailto:dwatkins@vsb.bc.ca)



## TIME TO SHINE OUR LIGHT SEYMOUR

Four years ago, Seymour launched a school-wide paper lantern project to **SHINE OUR LIGHT!** It is that time of year once again and our students are busy making this year's lanterns.

Please join us at our annual **St. James music concert on December 15th at 11:00 am** and all of our beautiful lanterns will be on display. On the last day of school before our winter break, our child/ren will bring their lanterns home with their very own battery operated tea light to shine their light at home!

**May we all shine bright!**

## KINDERGARTEN REGISTRATION – open now!



**Do you have a child born in 2013?** Several families were not able to attend Admiral Seymour because we became full over the summer. Please keep the date in mind to ensure we save a space for your child. **K registration opened on November 1<sup>st</sup> and priority, in catchment registration closes January 31<sup>st</sup>.**

For more information on Kindergarten registration please visit: <http://www.vsb.bc.ca/kindergarten>

## SNOW SAFETY

When the forecast predicts a heavy snowfall and freezing temperatures, please listen to the news beginning at 6:00 am for information regarding school closures.

**Please do not call media outlets or the school to determine whether schools are closed. Please listen to the following news stations: CKNW (980 AM), CKWX (NEWS 1130 AM), CBC RADIO (690 AM, 105.7 FM), BCTV/Global (cable channel 11), FAIRCHILD Radio (CJVB AM 1470/CKHG FM 96.1) or CITY TV (cable channel 13). In addition, information on snow closures will be available on line at**

**www.vsb.bc.ca.** The decision to close schools in Vancouver is made directly by the Vancouver School Board. It is not the decision of individual schools. The VSB makes the decision by 6:00 am and notifies the above news stations. The school closure information is broadcasted throughout the morning on the listed news stations and is not just a single announcement at 6:00 am.



### **Snow Safety**

We are providing parents with snow and ice safety information and would ask that you take the opportunity to discuss these rules and guidelines with your child(ren) to ensure the safe-ty and well-being of all students at Admiral Seymour:

- \*No throwing snow or ice balls
- \*No face washing
- \*Respect the structures others have built
- \*Dress appropriately for wet and cold weather (i.e. boots, mitts, coats)
- \* Walk carefully on wet or icy surfaces

## SCHOOL WEBSITE



Dear Parents,

We want to keep you up-to-date on important learning and administrative events and information related to your child's school. To do this, we are committed to regularly and consistently publishing current and important information on your child's school website. Please do check back to the school website regularly to stay fully informed. <http://seymour.vsb.bc.ca> Thank you.

**Message from New Trustees** – Please see the attached sheet which is a letter from the newly elected Vancouver School Board Trustees.



## **COLD AND FLU SEASON**



At this time of year, colds and flu are very common. Most people with colds and flu get better quite easily but some do not. Sometimes pneumonia or other serious complications may develop, especially in people who already have a health condition, such as asthma. Colds and flu spread in the following ways:

- coughing or sneezing openly into the air. Cough onto the back of your hand or into your arm.
- touching the nose and face, which transfers germs or viruses onto the hands. Wash your hands frequently.
- touching “infected” objects. Cold germs can live for hours on objects, such as pencils, books, toys or tables. When children with colds touch their runny noses or mouths and handle objects, they can spread these germs to others.

Colds and flu seem to spread more easily when they first start, such as when children first feel feverish, notice a sore throat, ear ache or runny nose, or begin coughing and sneezing. After a few days of these symptoms, colds are usually less contagious. **Please keep your child at home during the early stage of his or her illness to prevent the spread of colds and flu to others.** One of the most effective preventive measures is to wash your hands with soap as frequently as possible to get rid of any germs you may have picked up.

## **HAND WASHING**



Wash your hands often to keep yourself and others healthy. Hand washing is the most important thing you can do to help stop the spread of germs that cause illnesses such as colds, the flu, diarrhea, or vomiting. Why is hand washing so important? Washing your hands and your child’s hands is the best way to stop the spread of germs. Viruses can live on hard surfaces for up to 2 days and on hands for up to 5 minutes. When you wash your hands, you help clean them and remove the germs that cause illness. We pick up germs on our hands from touching people or things around us. Raw foods, pets and many other objects in our daily lives carry germs. Wiping your child’s nose or changing a diaper is a common way to get germs on your hands. You cannot avoid contacting germs, but you can reduce the chance of infecting yourself and others by knowing when to wash your hands.

