

CONNECTION IS PREVENTION

**For PW parents only: The PW Capacity Café**

Do you wonder about today's youth culture? Come for dinner and hear from the experts – Vancouver's youth! Students volunteer to share their life experiences in order to help us understand our own teens better. Learn about:

- the stresses & pressure youth face
- what works (or doesn't) to support teens
- what real youth think and feel

Join us for a light dinner and a powerful evening!

The Capacity Café is an evening for adults, please leave your own teens at home.

**Date:** Thursday January 18 2018  
**Place:** Room C 102  
**Time:** 6:15 – 9:00 pm

\*\* No arrivals after 6:50, please \*\*

Capacity café seating is limited. PW parents register at [www.ccpw.eventbrite.ca](http://www.ccpw.eventbrite.ca)

District wide workshops for all parents: register: [www.SACY.eventbrite.ca](http://www.SACY.eventbrite.ca)

**Building Bridges with your Teen:** We'll look at brain changes and the science behind teen behaviour. Share your insights, explore practical ways to support healthy decision-making and developing capable young people.

Dec 7 2017 .....	Churchill Secondary .....	7 – 9 pm
Feb 1 2018 .....	Britannia Secondary .....	7 – 9 pm
Feb 20 2018 .....	King George Secondary .....	7 – 9 pm
Mar 13 2018 .....	Vancouver Technical Secondary .....	7 – 9 pm

**SACY Adult Toolkit: understanding youth & substance use**

Join us for a friendly, non-judgmental evening for caregivers. Add to your skills & knowledge about teens, alcohol & cannabis. We'll review practical information on teen development and ways to support teens' healthy decision-making.

Dec 5 2017	SACY STEP Portable @ Tupper Secondary	6:30 – 8:30 pm
March 8 2018	SACY STEP Portable @ Tupper Secondary	6:30 – 8:30 pm
May 31 2018	SACY STEP Portable @ Tupper Secondary	6:30 – 8:30 pm

(portable on the corner of Prince Edward St and East 23<sup>rd</sup>)

