



Nobody's Perfect Parenting Program

Discover your strengths as a parent, and get new ideas with the support and encouragement of other parents.

No Cost *Childminding* is available on site, for children 18 months to early 6 years of age. (Babies can come into the program with their parent).

Real Life. Practical ideas.

Parenting can be hard, but you don't have to do it alone. Find the support and encouragement you've been looking for.



When: Wednesday mornings, 9:45 – 11:45 a.m.

March 8 – April 19, 2017 (no session March 15 for Spring Break)

Where: South Vancouver Family Place's **River District Site**; 8683 Kerr Street (Beside Romers)

To register: Call SVFP at 604 325 5213 or email at svfpinfo@telus.net One of the facilitators will call you back.

Typical topics discussed:

Sleep ° **Bedtimes** ° **Discipline** ° **Healthy Adult Relationships** ° **Developmental Stages**
° **Potty Training** ° **Sibling Rivalry** ° **Feeding** ° **Parent-Child Attachment** ° **Health** °
Understanding Your Child's Feelings.....

Pre-registration is *required*. Ten spaces available.

