

*A Vancouver Local Action Team Event*

# ANXIETY : A FRESH LOOK AT A GROWING CONCERN AMONG CHILDREN AND TEENS



Anxiety is one of the leading issues among children and teens today. It can happen anywhere and takes on many forms including worrying, obsessions, compulsions, phobias and other perplexing behaviours.



Special guest speakers, Dr. Keyvan Hadad (pediatrician), and Dr. Deb MacNamara (clinical counsellor), will come together to provide fresh perspectives on anxiety.

**This presentation is for:**

- Youth and Families
- Service Providers
- Community Members.

**Childcare available.**

**Refreshments, snacks, games and prizes.**

***For more information contact – [vanlat.cymhsu@gmail.com](mailto:vanlat.cymhsu@gmail.com)***

**Date:** Wednesday, March 8<sup>th</sup> 2017

**Time:** **6:00 p.m.** - Doors open - Meet local service providers

**6:45 to 8:00 p.m.** - Guest speakers

**8:00 to 9:00 p.m.** - Questions, answers & conversations with speakers and service providers

**Location:** David Thompson Secondary School Auditorium  
1755 East 55th Avenue, Vancouver

doctors  
of bc  
Better Together.



To register: [www.anxietytalk.eventbrite.ca](http://www.anxietytalk.eventbrite.ca)

**Drop-ins are welcome.**

*Brought to you by the Vancouver Local Action Team as part of the Child and Youth Mental Health and Substance Use (CYMHSU) Collaborative, funded in partnership by Doctors of BC and the BC government.*