

MacCorkindale News

<http://maccorkindale.vsb.bc.ca>

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Telephone: 604-713-4775

Principal:	Mr. Jim Munk
Administrative Assistant:	Ms. Reena Sampat
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Liason Trustee:	Ms. Judy Zaichkowsky

September, 2018

Welcome to a new school year at MacCorkindale Elementary!

On behalf of the staff at MacCorkindale, I would like to welcome back all our students from last year, students who are new to our community and to our supporting parents/caregivers to a new school year. It will be an exciting term as the staff are in the process of preparing numerous exciting activities and learning experiences. MacCorkindale School is a warm, caring place where each student has the opportunity to develop their potential in a warm, supportive learning environment.



September is a time for re-establishing routines and settling in to daily patterns. Students who receive proper sleep are better prepared to have a successful and fruitful time at school the next day. Please be mindful of setting up a consistent bedtime for your children thus ensuring they have the opportunity to have a positive experience at school each day.

MacCorkindale's Parent Advisory Committee (PAC) plays an important role in our school providing opportunities for community building and in fundraising for the needs of our students. If you are someone who would like to support your child's experience at school, please come to our next PAC meeting on September 20th.

On that day we will also have 'Meet the Teacher' and a community potluck dinner. Babysitting will be available during the PAC Meeting. Mark the day on your calendar! I would like to invite parents to drop by the office for a chat if they have any questions or concerns as we enter the new school year. I look forward to getting to know you as the year progresses. See you soon!

Jim Munk
Principal

Important Dates to Remember

Sept. 14: PAC sponsored Parent Coffee Time at 8:40 am
Sept. 14: Beginning of the Year Assembly at 11: 15 am
Sept. 20: Meet the Teacher at 5:30 pm then Potluck Dinner
Sept. 20: **PAC Meeting 7:00 pm**
Sept. 21: Pro-D Day School not in session for students
Sept. 27: Terry Fox Run 1:15 pm
Sept. 28: Be Your Best Assembly 11:15 am. All welcome!
Sept. 28: Fun Lunch - Pizza



Daily Bell Schedule

8:40 am	Supervision begins
8:55 am	Warning bell
9:00 am	Instruction begins
10:35 am	Recess
10:55 am	Instruction resumes
12:10 pm	Lunch
12:57pm	Instruction resumes
3:00 pm	Dismissal
3:20 pm	Supervision ends

WELCOME BACK TO SCHOOL

Information Forms

Several forms will soon be coming home. Please take the time to look over each one and return them to the school as soon as possible, especially the **Emergency Contact Information Sheet**. Current telephone numbers and emails are important in case we need to contact you or your designated emergency contact during school hours.

School Website

As we move forward, we want to reduce the amount of paper we use at the school. Therefore, we will be using the school's website and emails home as our primary way to communicate to parents. However, those families who still want a paper copy of newsletters and communication will be accommodated.



School Calendar 2018 - 2019

The 2018 - 2019 school calendar was emailed in May. It can also be found on our school website:

<http://go.vsb.bc.ca/schools/maccorkindale/Pages/default.aspx>

As well, reminders of our Professional Development Days, Holidays and District Closures will appear on the website and in newsletters throughout the year.

Fun Lunches

Due to its popularity, Fun Lunches at MacCorkindale will take place every Friday. A rotation of different menus will occur to accommodate students' favorite lunches. Ordering will be done online through MunchaLunch. This service will limit errors that have been made in the past due to human error. MunchaLunch provides reminders to parents and students to when the next ordered lunch will take place. Fun Lunches begin on Sept 28. The first order due date is Sept. 25.

To order, go to the following website <https://munchalunch.com/schools/maccorkindale> and set up your account before making your selections. Any questions regarding Fun Lunch can be directed through email to Mr. Low (alow@vsb.bc.ca)

Safe Arrival

Student safety is of paramount importance to the Vancouver School District. Ensuring student safety is a shared responsibility. In order to assist schools, we ask parents to notify schools of student absences. If your child will be absent from school, please phone the school to report this absence as early as possible.

To Report Your Child's Absence:

Call **604-713-4775** prior to 9:00 am on the first day of the absence. Messages will be received before the office is open. School offices are busy places: consistently notifying the school in advance of your child's absence will significantly improve the efficiency and effectiveness of the Safe Arrival Morning Routine.

Student Sign-Out and Late Sign-In Procedure

When you pick up your child during the school day, please ensure that you sign them out at the school office. If you do not sign out your child, they will be unaccounted for, and the school will identify your child as a 'missing' student and will commence a search of school grounds. If the school staff do not locate the child, and are unable to reach a parent promptly, the school will call the Vancouver Police Department. Therefore, clear communication is essential for ensuring the safety of your child and to prevent unnecessary searches. As well if you are arriving after 9:00 a.m. please Sign-In Late with the office. Thank you for helping us keep your children safe!

PAC Update

What is a PAC?

A PAC (Parent Advisory Council), through the BC School Act, is the official collective voice of the parents and guardians of a particular school's student community. The PAC will often:

- Provide input to the school.
- Learn about (and participate in) school-based activities.
- Advocate for all students of the school community.

PACs are not the forum to discuss student or staff issues. More information on PACs can be found at: <http://bccpac.bc.ca/pacdpac-info/what-is-pac/>

Come join us for our first PAC meeting on Thursday, September 20th at 7:00 pm in the library

Dropping Off – Picking Up Your Child

School staff will provide supervision starting at 8:40 am in the morning and after school only until 3:20 pm. Parents are asked to be on time and ensure that their children understand the family's drop-off and pick-up arrangements. Please do not be late picking up your child. If some unforeseen event happens that you will be late, please contact the school office.

MacCorkindale Traffic Guidelines

- Traffic is encouraged to drive north-bound on Battison St.
 - No parking allowed in front of the school as signs state.
 - Quick drop off and pick-up on the school side of the street **ONLY**.
 - Leave space in front of the school for school buses to park.
 - Only staff are allowed to drive into and walk in the staff parking lot
- We appreciate the efforts of drivers who follow these instructions for Battison Street and therefore working with the school to ensure a safe arrival and departure every day for each student. Thank you!



Tips to Consider for Packing School Lunches

Bring variety & fun to packed lunches! Lunchbox Tips:

- Keep it simple and easy to eat but healthy and tasty.
- Try to include foods from each of the four food groups in Canada's Food Guide (Vegetables and Fruit, Grain Products, Milk and Alternatives and Meat and Alternatives).
- Kids love to eat what they create. Let them choose lunch from a list of healthy choices.
- Cut up extra veggies when making dinner to use in lunches the next day.
- On a cold day, pack a small thermos of soup, pasta, or other hot item

Pack a Safe Lunch

- Refrigerate lunches that are made ahead of time
- Use an insulated bag with a freezer pack or chilled thermos to keep food and drinks cool.
- Use a wide mouth thermos to keep hot food hot.
- Wash all vegetables well, even if the package says "pre-washed"
- Wash lunch containers after every use
- Do not reuse plastic bags - they can hold bacteria

Healthy Eating Tips

It is normal for a child's taste to change often. It can take many exposures to new foods before children learn to eat them. Try to choose cereals with no added sugars when possible or compare Nutrition Facts information and choose those with less sugar. Water is the best choice to satisfy thirst. Kids do not need sugary drinks or juice. For help choosing healthy packaged foods, check out the Brand Name Food List from HealthLinkBC: <https://www.healthlinkbc.ca>

After School Programs

The Killarney Community Schools Team is ready for an awesome 2018-19 school year! We are looking forward to spending time with MacCorkindale and Kingsford-Smith students in fun, educational, lunchtime and after-school programs. Programs are led by Vancouver School Board staff with Killarney Secondary student volunteers. Fall programs will start in early October. Mid-way through September, program offerings and registration details will be sent home with students. Please consider signing up! Benefits of participating in out-of-class time programs include making new friends, learning and practicing new skills, a sense of connection to your school community - and, of course, great fun! Please feel free to reach out to our Killarney Community Schools Team Coordinator with questions or program suggestions: tschiewe@vsb.bc.ca or 604-713-5887.

Terry Fox Run

Our Terry Fox Run will be Thursday, September 27 at 1:15 pm. Please join us!



Community Board

Don't forget to check out the Community Board located in the hallway by the Main Office. We regularly post community programs, general information and events; so please be sure to take a look at it from time to time! If you have something you like to add, please talk to Mr. Munk.

City of Vancouver Information

Gather up all those clothes and shoes you no longer wear, as well as any small appliances and electronics that haven't worked for months, and bring them to an upcoming Zero Waste Reuse and Recycling Drop-off event:

- September 15 (10 am - 1 pm) - Killarney Community Centre Parking Lot
- September 22 (10 am - 1 pm) - Kitsilano Secondary School Parking Lot
- October 13 (10 am - 1 pm) - Barclay Manor Parking Lot

For a complete list of accepted items please visit our website: www.vancouver.ca/dropoff



