



DR. A.R. LORD NEWS

Code of Conduct
“Create Peace: Be Kind, Be Safe,
Be Respectful, Be Responsible”

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Principal - Ms. M. Trovao

Office Assistant - Ms. S. Liu

Acting Superintendent of
Schools- Mrs. Suzanne
Hoffman

School Trustee- Ms. Lisa
Dominato

Director of Instruction
Field Studies -
Ms. Magdalena Kassis

PAC Contact Info-
arlordpac@gmail.com

School Hours:

8:55 am – Warning Bell
9:00 am – School Starts
10:40 – 11:00 am -Recess
12:10 – 12:57 pm – Lunch
Break
3:00 pm – End of School Day

School Mission Statement

Our mission at Dr. A.R. Lord School is to develop a safe and positive school environment with creative and challenging learning experiences for all students to achieve their potential.

In order to help us attain this positive school environment, we constantly review and practice our school code of conduct. Expectations are that everyone in our school abides by our code.



Principal’s Message

Welcome to 2018! It’s hard to believe we have been back for a month already! We look forward to an exciting second part of the school year, with many fabulous events and activities planned.

We are very fortunate to have such a variety of opportunities for children at Lord. Here are just some of the events that have taken place since our return from the Winter Break: A performance by the Vancouver Metropolitan Orchestra, PAC hot lunches, Talent Show rehearsals, Kindergarten registration, Grade 7 Articulation meetings, the beginning of the Sr. Boys basketball season and of course our new format for Communicating Student Learning.

Communicating Student Learning reports went home on Wednesday, January 31. The VSB is very interested in hearing your feedback. Parents and VSB staff will have opportunities to provide feedback in several ways including meetings and on-line surveys. These opportunities will be available in February or March 2018. I will pass on this information as soon as I have specific dates.

February is a month of love, kindness and acceptance. We started the month with an assembly where I read We’re All Wonders by R.J. Palacio to all the students. The message of the book was acceptance and choosing to be kind. We talked about what it means to be kind and what acceptance means. Starting February 13th students at AR Lord will be participating in Random Acts of Kindness, which will lead us to our Pink Shirt Day Assembly (Anti-Bullying Day) on Wednesday, February 28.

Please join us on February 14th to applaud the many talented students at Lord. Our Talent Show is happening again. We have a lot of talented students at Lord. We have singers, dancers and musicians to name a few. The talent show will begin at 10 am approximately. There will be a short intermission during recess and the show will continue until about 12:00. Thank you to Mrs. O’Neill and Mrs. Burke for organizing such a wonderful opportunity for our students.

Thank you to Hastings Community Centre for inviting Lord students and staff to celebrate Chinese New Year with them. On Wednesday, February 22 students will be participating in activities such as Chinese Calligraphy, Crafts and Dance as well as watching the Lion Dance.

As always, a huge thank you to the PAC and all our parent volunteers for all the time they devote to supporting the students and staff at AR Lord.

Margie Trovao
Principal



Pink Shirt Day (Anti-Bullying Day)

On February 28, 2018, we encourage everyone to wear pink to symbolize that we do not tolerate bullying. This event originated in 2007 when two high school students from a small town in Nova Scotia, David Shepherd and Travis Price, noticed that another student was being bullied because he was wearing pink. Here is a snippet of an article detailing the original incident:

“David Shepherd, Travis Price and their teenage friends organized a high-school protest to wear pink in sympathy with a Grade 9 boy who was being bullied [for wearing a pink shirt]...[They] took a stand against bullying when they protested against the harassment of a new Grade 9 student by distributing pink T-shirts to all the boys in their school. ‘I learned that two people can come up with an idea, run with it, and it can do wonders,’ says Mr. Price, 17, who organized the pink protest. ‘Finally, someone stood up for a weaker kid.’ So Mr. Shepherd and some other headed off to a discount store and bought 50 pink tank tops. They sent out message to schoolmates that night, and the next morning they hauled the shirts to school in a plastic bag. As they stood in the foyer handing out the shirts, the bullied boy walked in. His face spoke volumes. ‘It looked like a huge weight was lifted off his shoulders,’ Mr. Price recalled. The bullies were never heard from again.”

Templeton Community Programs

Members of the Templeton Community School Team will be at Lord on Thursday, Feb. 8th at 3:00 to complete in person registration for their Winter Term programs. Both programs will run on Tuesdays from 3:00 – 4:00pm and will be \$30 for 5 sessions.

Book Worm (grades 1-3) - 20 spots Library

Dive into a book, boost your reading skills, and play word games and literacy activities.

*Snacks will be provided

Crafty Kids (grades 2-4) - 15 spots Music Room

Let your imagination go wild as we create all kinds of artsy masterpieces. We'll paint, draw, craft and create art using all sorts of materials!

*Snacks will be provided

Session 1	February 13
Session 2	February 20
Session 3	February 27
Session 4	March 6
Session 5	March 13



School Spirit

Our next Spirit Day is Friday, February 9. Students have been given the opportunity to show their Olympic pride by wearing the colour(s) or clothing with logos of the country they are cheering for. I'm sure we will be seeing many maple leaves and the colour red. GO CANADA GO!!!!



'ARE YOU MOVING?' forms

In order to plan for September, we need to know whether your child/children will be returning to Dr. A. R. Lord for the next school year. If you have not already filled out and returned the blue form to your child's classroom teacher, please do so as soon as possible. Extra forms are in the office. Please note that students who are returning are automatically registered for next year.

Random Acts of Kindness (RAK)

Random Acts of Kindness is being celebrated the week of February 11 – 17. If you are interested in learning more about RAK or are interested in participating at home please visit the following website:

<https://www.randomactsofkindness.org/kindness-ideas>. Kindness can be such a small gesture but can have such a huge impact.

Save the Date

Please save April 12 for Ready, Set, Learn. Ready, Set, Learn Programs take place in every elementary school in Vancouver and are open to families and caregivers with children who are 3 and 4 year olds. The purpose of the program is to give children and their families/caregivers resources and access to resources that will enable children to have rich learning experiences prior to entering formal schooling. This year, Lord and neighbouring elementary schools will be host this event at Hastings Community Centre. Further details will be provided in next month's newsletter.

Fighting Cold and Flu Season

It can be tricky to stay healthy during cold and flu season, but a few good cold and flu prevention habits can get you through without succumbing to illness. Increase your children's cold and flu defence by teaching them these cold prevention tips and reduce the chance of the common cold in your children.

1. **Wash your hands.** The surest way to catch a cold is to catch the germs that cause the cold. Frequent hand washings eliminate germs and keep you and your family healthy. Be thorough—a quick rinse doesn't cut it.
2. **Get eight hours of z's.** Making sure you get eight hours of sleep every night is one of the best defences against falling ill. A good night's rest allows your body to keep up its defences. But if eight hours is out of the question, just aim for eight... and get as many as you can.
3. **Schedule time for exercise.**
With all the running around you do, you may overlook your regular exercise habits. Make sure that while you're scheduling all those activities, you keep the exercise routine on your calendar. Maintaining regular workouts will help you keep up your stamina.
4. **Drink your water.** Be especially vigilant about drinking at least six to eight glasses of water a day during the cold and flu season. And if you're flying, drink even more water and avoid consuming alcohol on the plane—high altitudes are especially dehydrating. Water keeps your digestion working well, flushes the system, and fights fatigue.

Kindergarten registration after January 31st.

Thank you to all the families that registered their children for Kindergarten. The following information is for families that have yet to register.

Kindergarten Registrations Received AFTER January 31st

In-catchment Kindergarten students who apply **after** January 31st will be accommodated if there is space. If there is no space their names will be added to the bottom of the existing waitlist.

Note: There will be **no priority** given to registrants with siblings if they register after January 31st.



When registering your child please bring:

1. Proof of residence in Vancouver
2. Child's birth certificate
3. Immigration documentation (if applicable)
4. Immunization records

If you wish to apply for a Choice program or cross-boundary, you must first apply to your English catchment elementary school. Applications for Choice programs and cross boundary placements will be accepted in early 2018.

For more information on kindergarten registration visit: <http://www.vsb.bc.ca/kindergarten>

* Available Space includes physical capacity, resources, staffing, or educational programs available or planned for a school as defined by the district. (Policy Regulation JECC-R)



Student Sign Out Procedure

When you pick up your child during the school day, please ensure that you sign them out at the school office, **even if the classroom teacher is aware**. If there is an emergency and you do not sign out your child, they will be unaccounted for, and the school will identify your child as a 'missing' student and will commence a search of school grounds. If the school staff do not locate the child, and are unable to reach a parent promptly, the school will call the Vancouver Police Department. Therefore, clear communication is essential for ensuring the safety of your child and to prevent unnecessary searches.

Thank you for helping us keep your children safe!



Reporting Student Absences:

Student safety is of paramount importance at the Vancouver School District. Ensuring student safety is a shared responsibility. In order to assist schools, we ask parents to notify schools of student absences. If your child will be absent from school, please phone the school to report this absence as early as possible. Parents should leave a message on a dedicated answering service by calling 604-713 5159. This will prompt you to enter our school's 2-digit extension number which is #47. Messages will be received before the office is open. School offices are busy places: consistently notifying the school in advance of your child's absence will significantly improve the efficiency and effectiveness of the Safe Arrival Morning Routine. To Report Your Child's Absence – Please Call **the number** above prior to 9 am on the first day of the absence. Please keep this information posted in an easy, accessible area.

The school will let you know if there are any changes to this new system.

Message from PAC



Thank you to all who came out for the January PAC meeting. We can't believe it is already February! And even though those great groundhog predictors sent us mixed messages this year, with the bulbs around the school showing signs of life, we are excited for spring. The PAC is hard at work planning some great mild weather activities and events - so keep in touch.

To help you keep your "give back more while having a lot of fun" new year's resolution, we have many opportunities for volunteering. From helping hand out hot lunches to shovelling manure - not at the same time of course - there is something for everyone. Just reach out to any of the Exec or send us a message at info@arlordpac.ca, and your resolutions will be sound.

Here are some updates on current and upcoming activities:

PAC meeting: Wednesday February 21st at 6:30 in the library. Come and share all of your bright, fresh ideas for spring. And as always, FREE child minding is available.

Manure Sale Fundraiser: tentatively March 11 Back by popular demand! (Did you catch that?) Meet all of your garden fertilizer needs, and support the school. Spread the word among your neighbours that pre-orders are welcome. As mentioned before, we are looking for volunteers to help organize, shovel, and deliver the product. Lunch/snacks will be provided for volunteers to help "sweeten" the deal. Details coming soon.

T-shirts and hoodies: Don't forget that t-shirts, hoodies (various sizes), and tote bags are still available. Think ahead to Valentines and Easter....the totes would make excellent chocolate collectors!

Hot Lunch: The world tour of hot lunches continues with Chinese (T&T) on **February 8th** and Subway + TCBY frozen yogurt on **February 22nd**. As always, please come out and help feed the kids if you have some spare time during the lunch hour.

There was good use of the **Flip Give Program** over the holidays. Thank you! This is a year round program, so please continue shopping through Flip Give for all your online purchases. Every purchase gives a percentage back to our school. The address can be found on our website (www.arlordpac.ca) under Fundraising, or enter this: <https://www.flipgive.com/teams/49445-dr-ar-lord-elementary-pac> into your browser. Keep updated on these, and all PAC activities, by visiting our website (www.arlordpac.ca), following our social media accounts (@ARlordPAC), and subscribing to our email list. We also post all information on the bulletin board by the back and front doors for easy reading.

Please remember to send any questions or comments directly to the PAC at info@arlordpac.ca or by popping a note into the PAC box at the front desk. And we can't say this enough - we are always looking for input and volunteers.

Treat everyone well this month.

Kindly,
PAC Exec

Important Upcoming Dates and Events:

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|--------------------------|---------------------------------------------------------------|
| Fri. Feb. 9 | – Spirit Day |
| Mon. Feb. 12 | – Family Day (School not in session) |
| Wed. Feb. 14 | – Valentine's Day
– Talent Show start time 10:00 am |
| Mon. Feb. 19 | – PRO-D (School not in session) |
| Thu. Feb. 22 | – Chinese New Year Celebration @ Hastings 1:00 |
| Wed. Feb. 28 | – Acceptance Assembly
– Anti-Bullying Day (Pink Shirt Day) |
| Tue. March 13 & Wed. 14 | – Early Dismissal 2:00 pm
– Parent Conferences |
| Mon. March 19 – Thur. 29 | – Spring Break |
| Fri. March 30 | – Good Friday |
| Mon. April 2 | – Easter Monday |
| Tue. April 3 | – Back to School |

