

Garibaldi Annex Newsletter



Volume 11

December 22, 2017

Issue 5

Season's Greeting and Happy Holidays!

The staff at Garibaldi Annex wish all our students and families a happy, healthy, and restful holiday.

Message from the Vice-Principal

It's a hard to believe that the Winter Break is here! Everyone, including staff and parents, have been very, very busy and really have worked extremely hard to provide the best quality of education for the children. The support of the Parent Advisory Council, chair Cathy Matusicky and the numerous parents who have assisted the school in so many ways is very much appreciated. Thank you to all!

Have a wonderful holiday, enjoy all the festivities and spending time with your family and friends and I look forward to seeing you January 8th. Happy New year everyone!

Donna Emeno,

Acting Vice-Principal

Winter Break

Winter Break is Monday, December 25th to Friday, January 6th, 2018. School will re-open on Monday, January 8, 2018.

Report Cards

Report Cards are being sent home today, Friday, December 22nd. Please take time to discuss the report with your child and about continuing to put forth a great effort to do well in school. Thank you again for monitoring home studies and home reading/writing programs and we hope this will continue next term so that it will be a highly successful one as well. We want students to do their very best!

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Important Dates

Jan 8	First Day Back
Jan 16	Goal Setting Conferences 2:00 Dismissal
Jan 17	Goal Setting Conferences 2:00 Dismissal
Jan 24	PAC Meeting 6:00 pm
Jan 29	Pro D Day No School

Garibaldi School Student Code

BE SAFE,

BE FAIR,

BE KIND,

And ALWAYS TRY
YOUR BEST

Staff Changes for January

After the break, Ms. Jessie Gill will be moving to a new position at another school. Ms. Jessie has been an SSA at Garibaldi Annex since January 2016 and staff and students will miss her. We wish her all the very best in her new position.

Goal Setting Conferences

Our second term Goal Setting Conferences are scheduled to take place on Tuesday, January 16th and On Wednesday, January 17th. Students will be dismissed at 2:00 pm on both days.

Ready, Set, Learn Event

All 3 and 4 year olds who live in our community are invited to our Ready, Set, Learn event on April 12th at Hastings Community Center. If you know families with 3 or 4 years olds in the community, please invite them to attend.



Seasonal Literacy Activities

At this busy time of year it can be hard to get your son or daughter to focus on such things as homework or formal learning. But development of their literacy skills does not have to wait until school reopens in January. You can keep minds and vocabularies growing by:

- holding a family reading night where every family member gets to hear and/or share their favorite seasonal story or poem. Your community librarian can help find age-appropriate seasonal materials so that all (including teens!) can share and hear their favorites.
- being creative with seasonal chores; those pesky items with "some assembly required" can be the start of a great problem-solving challenge, with lots of opportunities for reading, listening and speaking.
- Shopping trips can create great opportunities to alphabetize (lists), strategies (routes), and categorize (foods, gifts).
- Using travel time wisely; books, puzzles, and word games can turn those car trips and airport waits into valuable learning time.



While these incidental learning activities are easy to implement, the important learning for your child will be that their learning is worth the investment of your time. And that of course, in this season of giving, will be the best gift of all!

Artstart Performance

A performance by Uzume Taiko will take place at our school on January 11th at 9:00 am. All are welcome to attend the performance.

PAC

The next PAC Meeting will be on Wednesday, January 24th from 6:00 - 7:30 pm.

If you would like to receive email notifications of Garibaldi PAC Blog postings regarding upcoming events and happenings, please sign up at <http://www.garibaldipac.wordpress.com> and BE INFORMED!!

Snow Closure

In the event that schools are closed due to weather conditions, the Vancouver School Board will contact the following radio and television stations to make an announcement by 6 a.m.:CKNW (980 AM) CKWX (NEWS 1130 AM), FAIRCHILD RADIO, CJVB AM 1470, CBC RAIDO (690 AM, 105.7 FM) BCTV/ GLOBAL (CABLE CHANNEL 11), CITY TV (CABLE CHANNEL 13)

In addition, information on snow closures will be available on line at www.vsb.bc.ca



Fruit and Vegetable Program

Our school has been taking part in the BC School Fruit and Vegetable Program. The program delivers healthy fruit and vegetable snacks to the children. The objectives of the program are:

- To increase the consumption of local fruits and vegetables
- To increase the awareness of the health benefits of fruit and vegetables
- To increase the awareness of fruits and vegetables grown in B.C.

Thank you to Shereen Graham for organizing!

Some nutritional ideas from the BC Fruit and Vegetable program:

Winter Salads

- BC carrots and cabbage are available all winter. Combine grated carrots and dried cranberries, blueberries or raisins and a light mayonnaise or salad dressing for a quick winter salad. Or combine shredded carrots, cabbage and sunflower seeds in the same manner for quick coleslaw. Apple and shredded cabbage also works well. BC greenhouses provide fresh sweet peppers, tomatoes and cucumbers almost all year round. In the winter months combine these veggies with onion and feta cheese to create a Greek style salad. Drizzle with a little olive oil and lemon juice and seasoning such as oregano, salt and pepper or use your family's favorite bottled dressing.

PRINCIPAL:

Dan Knibbs

VICE PRINCIPAL:

Donna Emeno, Acting V.P.

ASSOCIATE

SUPERINTENDENT:

Magdalena Kassis

PARENT ADVISORY COUNCIL

Chair

Cathy Matusicky

Winter Vegetables

- BC root vegetables store well and are available all winter. Look for BC grown carrots, turnips, parsnips, rutabagas, and beets. Peel, chop and combine with similarly prepared BC potatoes, toss with a bit of olive oil, balsamic vinegar and seasonings and bake in covered pan at 400F (200C) for about an hour or until tender. It's an easy accompaniment for a meal and roasting is a quick, easy way to bring out the best flavour of many vegetables.
- BC grown winter squash (e.g. Acorn, Butternut, Hubbard, and Spaghetti) is also available. Winter squash can be baked with or without a stuffing. Cut them in half and remove the seeds. (Hint: microwave the whole squash for a few minutes to soften it just enough to make cutting it in half easier.) Then fill the center with a mixture of diced apples, dried cranberries and cinnamon. Sprinkle them with a little fruit juice cover and microwave or bake until they are tender.



Remember veggies are veggies, whether fresh or frozen. When fresh produce is canned or frozen at the peak of harvest, little is lost in the way of nutrients. The same is true for fruits. When buying canned or frozen fruit beware of those packed in heavy syrup. Look for those in their own juice or light syrup.

- Pick local fruits and vegetables
- Pick a variety of colourful fruits and vegetables
- Wash hands before eating
- Wash fruits and vegetables before eating
- Enjoy the taste of local fruits and vegetables
- Enjoy eating 5 to 10 servings of fruits and vegetables each day.

Winter Break

