

# Garibaldi Annex Newsletter



Volume 11

November 30, 2017

Issue 4

## Message from the Vice-Principal

It's a very busy and exciting time of year! Teachers are preparing for report cards and the excitement and anticipation for the programs and activities surrounding the coming holiday season is absolutely evident at Garibaldi Annex.

We look forward to seeing you at our Winter Concert on Wednesday December 20th. There will be two performances - a dress rehearsal matinee at 1:30 pm and an evening performance at 6:00 pm.

*Donna Emeno*  
*Acting Vice-Principal*

## Lockdown Drill

As part of our emergency procedures and preparedness, we will be having our first lockdown drill of this school year on Wednesday, December 6. Lockdown is used when there is a serious threat from an intruder within the school or approaching the school. Upon the announcement of "lockdown" classrooms will secure their doors and move as a group to a corner of the room where no one can be seen. Since Garibaldi has 2 open spaces as classrooms, alternative spaces with locking doors have been assigned. This is a drill where we will be practicing going to our assigned "safe" areas.

## Kindergarten Registration Reminder

All Kindergarten applicants are required to submit an application to their English catchment elementary school. This includes families who wish to apply for choice programs (French Immersion, Montessori, etc.) and/or a cross boundary placement. The priority registration period for Kindergarten opens on **Wednesday November 1<sup>st</sup> and closes at 4 pm on Wednesday January 31<sup>st</sup>**. Students who submit an application within this priority period will be accommodated before late applicants. When registering your child please bring:

- Proof of residence in Vancouver
- Child's birth certificate
- Immigration documentation (if applicable)
- Immunization records

If you want to apply for a Choice program or cross-boundary, you must first apply to your English catchment elementary school. Applications for Choice programs and cross boundary placements will be accepted in early 2018.

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### Important Dates

Dec 1	Pro D Day <b>No School</b>
Dec 20	Christmas Concert
Dec 22	Last Day of School before Winter Break
Jan 8	<b>Back to School</b>
Jan 24	PAC Meeting 6:00 pm

### Garibaldi School Student Code

BE SAFE,  
BE FAIR,  
BE KIND,

And ALWAYS TRY  
YOUR BEST

## Report Cards

Report cards are being sent home Friday, December 22nd. Please discuss the report with your child and about continuing to put forth a great effort to do well in school. Thank you for monitoring home studies and home reading/writing programs and we hope this will continue next term so that it will be a highly successful one as well. We all want students to do their very best!



## Nutritional Ideas

December Fruit for Snacks and Desserts - Keep washed fresh fruits and canned fruit cups handy for instant, low-fat snacks. Research shows that children tend to eat more fruit if it is cut up and peeled for them.

So have a bowl of prepared fruit pieces in the fridge for quick snacking. Some fresh fruits turn brown when exposed to air (e.g. apple and pear slices). You can prevent this by dipping the pieces in lemon juice. Cut up fresh fruit and combine with canned and frozen fruit to make your own fruit cocktail. Serve with yogurt if desired.

Baked apples and berries make a delicious dessert. So do crisps and cobblers made with a combination of apples and berries.

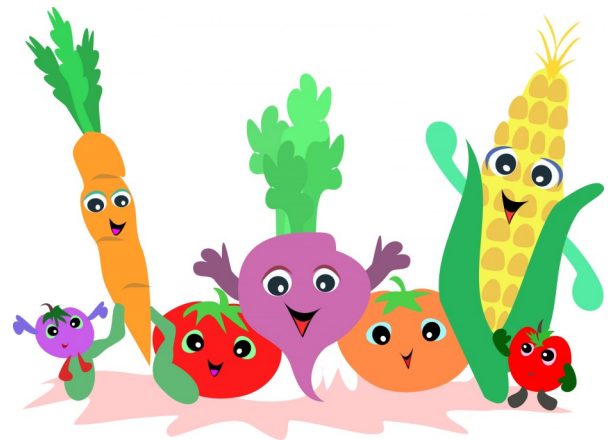
Eat together - In recent studies, researchers have found that students in Grades 4 to 6 who ate dinners with their family consumed more vegetables, more fruit and juice and less pop. Also, when adults and children eat together

- Children do better in school
- Children have fewer behavior problems
- Meals are more nutritious and healthful
- 

Refer to the BC Agriculture in the Classroom website for current research references <http://www.aitc.ca/bc>

- Pick a variety of local fruits and vegetables
- Wash hands before eating
- Wash fruits and vegetables before eating
- 

*Enjoy the tastes of local fruits and vegetables!*



## Goal Setting Conferences

Our second term Goal Setting Conferences are scheduled to take place on Tuesday, January 16th and On Wednesday, January 17th. Students will be dismissed at 2:00 pm on

## Winter Break

The last day of school before the holidays is Friday, December 22nd. The students will be dismissed at their regular dismissal time of 3:00 pm. Winter holidays are from Monday, December 25th until Friday, January 5th. School reopens on Monday, January 8th, 2018.

## PAC

The next PAC Meeting will be on Wednesday, January 24th from 6:00 - 7:30 pm.

If you would like to receive email notifications of Garibaldi PAC Blog postings regarding upcoming events and happenings, please sign up at <http://www.garibaldipac.wordpress.com> and BE INFORMED!!

### PRINCIPAL:

Dan Knibbs

### VICE PRINCIPAL:

Donna Emeno, Acting V.P.

### ASSOCIATE

### SUPERINTENDENT:

Magdalena Kassis

### PARENT ADVISORY COUNCIL

### Chair

Cathy Matusicky



## Ice, Snow and Safety

Well, 'tis the season to prepare for ice, snow and safety! The following items focus on safety for this time of year. I encourage you to review these safety tips and share them with friends and family. I particularly hope you will open the pieces on winter driving and, for those of you who celebrate Christmas, I hope you will view the video on "Water that Christmas Tree". Take care and best of the season to all.

<b>CANDLE SAFETY</b> <a href="http://www.candles.org/safety_candles.html">http://www.candles.org/safety_candles.html</a>	<b>WATER THE CHRISTMAS TREE</b> <a href="http://www.2.worksafebc.com/Publications/Multimedia/Videos.asp?ReportID=35766">http://www.2.worksafebc.com/Publications/Multimedia/Videos.asp?ReportID=35766</a>
<b>SAFETY TIPS FOR SHOVELING THE WHITE STUFF</b> <a href="http://www.safetyxchange.org/health-safety/8-snowshoveling-safety-tips">http://www.safetyxchange.org/health-safety/8-snowshoveling-safety-tips</a>	<b>SHIFT INTO WINTER – WINTER DRIVING SAFETY TIPS:</b> <a href="http://www.2.worksafebc.com/Publications/StartSafe-Ladders.asp">http://www.2.worksafebc.com/Publications/StartSafe-Ladders.asp</a>
<b>PREVENT WINTER SLIPS AND FALLS!</b> <a href="http://www.ccohs.ca/oshanswers/safetyhaz/falls.html">http://www.ccohs.ca/oshanswers/safetyhaz/falls.html</a>	<b>ARE YOU ON THIN ICE?</b> <a href="http://www.lifesaving.bc.ca/node/968">http://www.lifesaving.bc.ca/node/968</a>

## SNOW CLOSURE

In the event that schools are closed due to weather conditions, the Vancouver School Board will contact the following radio and television stations to make an announcement by 6 a.m.:CKNW (980 AM) CKWX (NEWS 1130 AM), FAIRCHILD RADIO, CJVB AM 1470, CBC RAIDO (690 AM, 105.7 FM) BCTV/ GLOBAL (CABLE CHANNEL 11), CITY TV (CABLE CHANNEL 13)

In addition, information on snow closures will be available on line at [www.vsb.bc.ca](http://www.vsb.bc.ca)