



SIR JOHN FRANKLIN ELEMENTARY SCHOOL
THE FRANKLIN EXPRESS

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PRINCIPAL: Maureen McDonnell	DIRECTOR OF INSTRUCTION: Magdalena Kassis
OFFICIAL TRUSTEE: Diane Turner	PARENT ADVISORY COUNCIL: Lara Davis



Art work by Div. 1 & 5

MISSION STATEMENT: Sir John Franklin Elementary, in partnership with parents and the community, teaches, enables and inspires individuals to discover and develop their full potential in an inclusive, safe, nurturing and rich learning environment.

SCHOOL GOALS (2017-2018):

- 1. Social Emotional Learning** - To promote social emotional development by teaching students the necessary skills to understand and manage emotions, set and achieve positive goals, feel and show empathy for others, establish and maintain positive relationships and make responsible decisions.
- 2. Aboriginal Cultural Enhancement** - To increase knowledge, acceptance, empathy, awareness and appreciation of Aboriginal histories, traditions, cultures and contributions among all students.

Principal's Message



The fall season is officially here! It's hard to believe school has already been in session for almost a month. It was great seeing so many families at the Meet the Teacher Night. In the past few weeks, many parents had stopped by to introduce themselves and to connect. It is a great to be at Franklin and I look forward to working with all members of the Franklin community.

I would like to share a document below that gives some ideas on how to successfully start the school year. We know that healthy routines play a role in school success. These routines include, but are not limited to, getting enough sleep, setting aside time to do homework or read, playing with friends, limiting screen time, getting plenty of exercise and eating healthy food. I hope you will find the following information helpful.

https://archive.news.gov.bc.ca/releases/news_releases_2009-2013/2010EDUC0094-000966.htm

Zones of Regulation



We have been fortunate to have Mr. Todd Schleyer from Learning Services working with all classes on Zones of Regulation. This is a program that is designed to help students develop skills in identifying and managing their emotions and self-regulation. Students have had an opportunity to learn about brain anatomy and how it affects our moods in response to various stimuli as well as the concept of different "Zones" to identify different categories of moods and energy levels.

Here is a short video that Mr. Schleyer shared with students on how to manage stress and understand emotional triggers.

<https://www.youtube.com/watch?v=hnpQrMqDoqE>

Teachers' Professional Development Day

On Wednesday, September 27th, teachers had a productive day working with Mr. Schleyer to develop lessons based on The Zones of Regulation and social thinking to support students' social emotional learning in the classroom. Teachers worked on school wide Zones ideas and strategies to foster "green zones" where students are calm and ready to learn. Each month, students will work on one self-regulating strategy. Students will come together monthly by way of a school assembly to review and revisit the learned strategies.

Terry Fox Run



The Franklin Terry Fox Run was held on Thursday, September 28th. This year the run was held at Franklin School. We began the run with a school assembly where we learned about Terry Fox and his Marathon of Hope. After the assembly, students participated in the Terry Fox Run by running a course laid out around the school grounds. Students from K to 7 have run a combined total of 560.6 kilometers! The Grade 7 students had been collecting toonies from classes. We have raised \$343.00 towards cancer research. Good job everyone! A special thank-you to Mr. Orange and Mr. Burrus for organizing the Terry Fox Run. It was great seeing many parents come out to support this event. Thanks also to the Grade 7 students for collecting and counting the toonies.

Franklin Sports



School sports are in full swing at Franklin! Grade 6 and 7 Boys and Girls Soccer practices are before school at 8:00 am (Mondays and Fridays). All the Girls games will be played on Thursdays at Beaconsfield and the Boys games will take place on Wednesdays at Maquinna. Cross-Country practices happen at school at 8:15 am Tuesdays and Thursdays. The three District Meets will be held at Clinton Park September 27th, October 4th and October 11th. Thank you to our sports coaches Mr. Orange, Ms. Balzarini, Ms. Ritchie and Mr. Burrus as well as our parent drivers.



BC FRUIT AND VEGETABLE PROGRAM



BC Fruit and Vegetable Nutritional Program is continuing in Franklin again this year. About once a month we will have fruit or vegetables delivered to our school at no cost to us. The idea is to give our students a chance to try locally grown produce as a healthy snack. Our first delivery of this year was blueberries. We would like to thank parents Elizabeth Hudgins and Elena Dolgoshein, who took the time to wash and deliver the fruit to all the classrooms. In addition to fruit and vegetables, we also receive milk (or soya milk) for students from K to 5.

Below is a schedule of delivery and product items for the rest of the school year.

Oct 2nd	Baby Carrots
Oct 23rd	Asian Pears
Nov 6th	Mini Cucumbers
Nov 27th	Salish Apples
Dec 11th	Mandarin Oranges
Apr 16th	Grape Tomatoes
Apr 30th	Mini Peppers
May 24th	Mini Cucumbers
June 4th	Heirloom Mix Tomatoes



Safety Patrol-on hold

This year, thirteen Grade 6 and 15 Grade 7 students have received training as student patrol leaders. The students have been patrolling the busy crossing at East Hastings and Skeena. Recently, due to the construction, the heavy volume of traffic on Hastings and Skeena and issues with sightlines, we have been advised by VPD traffic unit to stop having students patrolling the corner of Hastings and Skeena. We are putting the safety patrol program on hold until further notice. We would

like to encourage students and families to continue to use the west side of Skeena when crossing Hastings and do so cautiously. Thank you to Mr. Orange for sponsoring the Safety Patrol program and the safety patrol students for their hard work.

Parent-Teacher Conferences

The Parent-Teacher conferences will be held **Wednesday, October 25th and Thursday, October 26** starting at 2 pm. You'll soon receive information regarding the conference times. Please be reminded that students will be **dismissed at 2 pm** on both days.



Franklin PAC

We would like to thank all the families who responded to the PAC Direct Drive. The direct drive was an initiative that intended to reduce some of the fundraising pressures this year. As of today, we have received \$4330.00 from family donors. Thank you all very much for your support!

We would like to invite all parents to take part in PAC meetings and to volunteer at events; even a small amount of time makes a big difference. Our next PAC meeting and elections for PAC leadership will be held Wednesday, Oct 18th at 6:30 pm in the staff room. Child care will be provided. We hope to see you at the meeting.

Foundation Skills Assessment (FSA)

Once again students in Grade 4 and 7 will be participating in the Foundation Skills Assessment. Beginning this year, students will write the tests in October and November. Letters regarding FSA will be sent home with students shortly.



Monday, October 2	Baby Carrots delivery; Git Hayetsk dance performance
Monday, October 9	Thanksgiving holiday
Monday, October 16	Individual Photo Day
Wednesday, October 18	PAC Meeting
Thursday, October 19	Great BC shakeout (earthquake practice)
Friday, October 20	District wide pro-D (no school for students)
Monday, October 23	Asian Pears delivery
Tuesday, October 24	Halloween safety presentation by VPD
Wednesday, October 25	Parent teacher conferences (2pm dismissal)
Thursday, October 26	Parent teacher conferences (2pm dismissal)
Tuesday, October 31	Halloween

ALLERGY POLICY



这是重要的信息，请让人们为您翻译

Franklin School is allergy-aware! Please note that parents are asked to avoid sending foods containing **nut or peanut products** to school with their children due to severe allergies to these particular foods.

As peanut/nut butter tends to stick to surfaces, please wash your child's hands if you give them these foods for breakfast before school.

If there are questions or concerns, please contact Ms. McDonnell for further information. Thank you in advance for your cooperation.