

Nightingale News

“PROUD TO BE HAWKS”

Honest, Awesome Attitude, Working hard, Kind, Safe



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We would like to acknowledge that we live, work and play on the unceded and traditional territories of the Coast Salish peoples – skwxwú7mesh (Squamish).

Principal's Message:

Greetings Everyone! A new term begins and with it, new beginnings! Did you know the word 'education' comes from the Latin 'educere' = e- (out of) + -ducere (to draw)? As Vince Gowmon reminds us, "Education is not just about putting information in. We have forgotten that it, in fact, begins in the child's heart." The highly dedicated Nightingale Staff continue to make learning relevant for our students. The students are comfortable demonstrating their understanding in a variety of ways. Which includes working collaboratively with their peers to arrive at new understandings. "The collaborative nature of the investigation enhances all of these valuable experiences ... as well as promotes a greater appreciation for social responsibility" (Scott, 1994).

At the upcoming Conferences, you will have a chance to engage in learning dialogue with your child; this will also be an opportunity for you to celebrate your child's growth. I look forward to meeting you at the Conferences.

Lates, Absences and Vacations

The office would like to remind parents of the Safe Arrival procedures.

If your child will be absent or late from school, please call **604-713-5159 extension 59** to report this absence or late as early as possible. Parents should leave a message at the dedicated answering service, please state your child's first and last name and reason for late or absence. It is important to report your child's absence or late prior to 9:30 a.m.

As well, if your child is late, even by 5 or 10 mins, remind them to come to the office to sign in. Some teachers will have already done attendance and have marked your child absent. You may get a phone call home if your child does not sign in as it is the office that updates all the lates on the attendance.

In regards to Vacations or leaves, please send a note to the office. Advising the teacher alone is not enough. Teachers do not enter long-term or pre-arranged absences. Teachers only do day to day attendance.

REPORT CARDS AND CONFERENCES

Report cards will be going home today. Please examine these carefully with your child and discuss them. Particularly help them to understand the teachers comments and provide encouragement for their success. Taking a generally positive approach and finding ways to encourage children in their successes is the best way to help your child improve and be even more successful. Every child has strengths and these are where we should focus our comments. They are usually already well aware of the areas where they are not doing well.

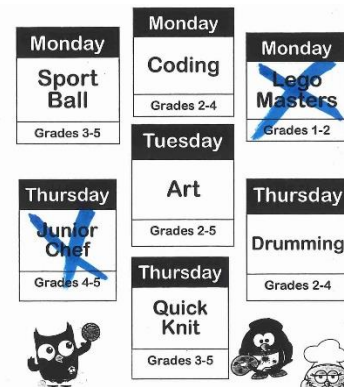
Please talk to your child about his/her report before coming to the conferences on February 6th and 7th. Reminder, students will be dismissed at 2:00 pm on Wednesday February 6th.

TUPPER CST AFTERSCHOOL PROGRAMS

We would like to mention that the following programs still have spaces if your child is interested.

First come, first served.

- Sportball – 15 spots
- Coding – 3 spots
- Drumming – 4 spots
- Quick Knit – 3 spots
- Art – 2 spots.



Basketball season has started

Thank you, Mr. Hartwick, Mr. Yuen, Mr. Nesling, Mr. Morris and Mr. Brown, for sponsoring basketball. Please see Practice and Game Schedule below. Parents please connect with our sponsors as students will be needing rides to the games. Basketball season will begin on January 21st!

BASKEBALL PRACTICE AND GAME SCHEDULE

	MON	TUES	WED	THURS	FRI
BEFORE SCHOOL		Sr. Girls PRACTICE (3:10-4:10)	Jr. Boys (Jessie Brown) (Open Gym) 8:00-9:00		
10:40-11:00 - RECESS					
LUNCH				Sr Girls (P. Hartwick)	Sr. Boys (Ed Nesling)
AFTER SCHOOL		Sr. Boys PRATICE 3:10-4:10 (Ed & Tim)	Sr. Boys GAMES (3:30-4:40) (Ed Nesling & Tim Morris)	Sr. Girls GAMES (3:30-4:40) (P. Hartwick)	

Equal Play Girls Soccer Grades 3-7

Thank you to Equal Play for supporting Nightingale girls (Gr. 3-7) by providing sessions on Soccer during lunch time. Carrie, is the Equal Play coach who continues to empower young girls to build up their leadership skills through sports. Thank you Carrie! Carrie will be with Nightingale until the end of February.



Science World Presentation – Power of Force

Science World On The Road came to our school for a presentation free of charge.

Fantastic Forces: Experience push, pull, lift, friction and drag—some of the fantastic forces that affect our lives every day. See amazing demonstrations like the Rubber Chicken Slingshot, the Giant Tablecloth Pull, and perhaps a rocket launch or two.



Artist in Residence

Our Artist in Residence Program continues to thrive at Nightingale. Maggie, our Artist is leading a session on the history and use of Indigenous masks. Students will be designing and constructing their own masks.



The love of Reading

Wonderful to see student excited about reading - from Div. 6

Watari Presentation

Students in Div. 4 & 5 learned about effective communication, how to make healthy choices and how to manage peer pressure during sessions with the Watari program this month. They learned through deep thinking discussions and role-playing activities. Our Nightingale students are very insightful and kind human beings.



Nightingale StrongStart Afternoon Program – Come Join Us!

Nightingale StrongStart is now open in the afternoon! Drop-in anytime from 12:30pm to 3:00pm Monday to Friday. It is located in the building at the corner of E 12th Ave and St. George St. StrongStart is a free drop-in program offered to parents and caregivers with children ages 0 to 5. We emphasize learning through play, language and positive social interactions. For more information, please call 604-713-4445 or check StrongStart website at <http://www.vsb.bc.ca/programs/strong-start>

UPCOMING...

Lunar New Year

On February 6th at 11:00 am there will be a Lion Dance performance at Nightingale to celebrate Lunar New Year. This traditional celebration goes back about one thousand years. In fact, the first performance dates back to early Ch'in and Han Dynasties. Traditionally the lion is regarded as a guardian creature expressing joy and happiness. There are essentially two styles of lion dance: Northern (北獅) which used to be performed for imperial courts and Southern (南獅) was performed for ceremonies to summon luck and fortune. We would like to wish everyone "Gung Hay Fat Choy" / "Chúc Mừng Năm Mới" and would also like to thank Lin Linn for decorating our office space.

PAY FEES ONLINE

We are proud to announce that we have gone online! You will now be able to pay via Credit Card, E-cheque or MyWallet (preloaded option, like a starbucks or Tim Hortons gift card). You should have already got information that was sent home. Although we are still in the testing phase, please go ahead and create your profile online at <https://vsb.schoolcashionline.com> and click on "Get Started Today". There may be nothing available but once you sign up, you will get notifications when items become available.

Canuck Place Cookie Day

On Thursday, February 28th, Nightingale community will participate in Canuck Place Cookie Day. All students around BC, including our school, will be selling cookies in support of Canuck Place. Canuck Place supports children with life-threatening illnesses and the families who love them.

We will be asking for cookie donations. See your classroom teacher for more information. We will be selling cookies for \$1 each on Feb. 28th only. Parents, please join us afterschool for coffee and cookies by donation!



FROM PAC

Welcome to our New Subscribers

A special welcome to the new families that have recently joined our PAC newsletter, which is our bi-weekly update on important school and PAC news that affect your child(ren)'s education and Nightingale community. To ensure these newsletters don't land in your junk folder, please add pac_night@vsb.bc.ca to your Contact List / Address Book.

Don't miss the upcoming Body Science Bootcamp for Parents by Saleema Noon on February 19 at 6:30 PM

Parenthood never arrives with a rulebook, and when it comes to explaining the world of sexual health to your child, it can be hard not to end up a bright shade of red. Using humor and straight talk in an open, interactive environment, Saleema Noon Sexual Health Educators will show you how easy it is to convey healthy, positive messages about sexual health to kids.

In this workshop parents will learn:

- Why we need to talk to children about sexual health at a young age
- How to reduce risk of child sexual abuse
- What children should know at each stage of development, with specific examples of how to explain concepts and processes
- How to become their kids' preferred source of sexual health information
- How to normalize open, honest sexual health conversations in their family
- How to effectively answer even the toughest questions kids ask
- What will be covered in Body Science workshops for student workshop will be lighthearted but delivers straight and current facts on how parents and children can work together to promote good sexual decisions for a lifetime.

Details:

When: Tuesday, February 19 from 6:30 PM to 8:00 PM

Where: School Library

A handout will be sent home with your kid(s) in the coming weeks.

Monthly PAC Meetings

As parents, you are all members of the Florence Nightingale PAC. We invite you to attend these meetings and hear from Principal Morgan and at times, guest teachers and speakers about what's happening at your child's school.

These monthly meetings are your best way to hear about and vote on various initiatives that have a direct impact on our children. These include budget spending, special events and fundraisers and to learn about VSB news and more.

Our next PAC meeting is scheduled for January 31 at 6:00PM. In case you're unable to attend our PAC meetings, you can find agendas and meeting minutes on our [PAC website](#).

Free childminding is always available during PAC meetings.