



VSBSWIS/SACY/MCLW Programs
jointly present a 2019 Spring Workshop at Kerrisdale Community Centre
 (Fee: Free session)

温哥华教育局学校移民安顿项目/SACY项目/多元文化工作项目共同举办免费春季教育讲座

BUILDING BRIDGES WITH YOUR TEEN
如何搭建与青少年沟通的桥梁

Parents of teens and pre-teens, do you want to have more fun & strengthen your connection with your teen? To explore new strategies for boundaries as your teen matures? Or to learn practical communication skills to reduce tension and increase understanding? Please join us for a morning workshop to explore some of the science behind teen behavior and effective approaches for parents that work with the teen's changes. We will look at practical ways to guide our children toward healthy decision-making and nurturing capable youth.

家长们，你们是不是正在为正值青春期或正要步入青春期的孩子而烦恼呢？我们可以帮助您与青少年愉快相处并加强你们的关系；在青少年们逐步成长的过程中，探索新的策略，帮助你们建立彼此的界限；学习实用的沟通技巧，缓解紧张的关系，增进彼此的理解。欢迎来参加我们上午的活动，与我们一同探索青少年行为模式背后的科学以及在面对青少年各种变化时，父母应采取的有效方法。我们将探讨各种切实有效的方案，来更好地帮助并引导孩子们成为健康、负责以及充满活力的年轻人。

Speaker: Miss Alexandra Wilson

日期/时间：2019年5月3日星期五上午9时半至11时半

VSBS District SACY Parent & Family
 Engagement Stream Lead

Date & Time: Friday, May 3, 2019 at 9:30 am -11:30 am

温哥华教育局 SACY 服务项目家庭组

Online registration 网上登记：<https://bit.ly/2SKV15H>



[Inquiry or registration \(email/phone/text\) / 查询或登记\(电邮/电话/短信\)](#)

VSBSWIS 温哥华教育局移民安顿工作者

- **Michelle 麦女士** 778-233-0255/mmmai@vsb.bc.ca 或
- **伊莉莎白陈** 778-227-5452/echan@vsb.bc.ca

The workshop will be conducted in English with Mandarin interpretation by Multicultural Liaison Worker (MCLW) Miss Susanna Song 讲座将提供由温哥华教育局多元文化工作者**宋女士**用普通话传译

Address/地址：5851 West Boulevard, Vancouver (Corner of West Boulevard and 42nd) Extra underground parking available at the Royal Canadian Legion, 2177 W. 42nd (right across the Community Centre)

For other inquiry: Kerrisdale Community Centre at 604-257-8100

Funded by:

Financé par :



Immigration, Refugees and Citizenship Canada

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