



# Talk Sex Today.

# Body Science Boot Camp

Join us for a free workshop for Carnarvon parents:

**Monday, October 15<sup>th</sup>**  
**6:30 - 8:00 pm**  
**Carnarvon library**

Parenthood never arrives with a rulebook, and when it comes to explaining the world of sexual health to your child, it can be hard not to end up a bright shade of red. Using humor and straight talk in an open, interactive environment, **Dr. Brandy Wiebe, Saleema Noon Sexual Health Educator**, will show you how easy it is to convey healthy, positive messages about sexual health to kids.

### In this workshop, parents will learn:

- Why we need to talk to children about sexual health at a young age
- How to reduce risk of child sexual abuse
- What children should know at each stage of development
- Specific examples of how to explain concepts and processes
- How to become their kids' preferred source of sexual health information
- How to normalize open, honest sexual health conversations in their family
- How to effectively answer even the toughest questions kids ask

and...

- What will be covered in body science workshops for students - delivered by Dr. Brandy Wiebe during the school day on Monday, October 22.

For more information about Saleema Noon Sexual Health Educators, go to [www.saleemanoon.com](http://www.saleemanoon.com).

*Smart decisions start here.*

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