

# Video Gaming, Screens, and Parenting in a Digitally-Oriented Culture

Join us for a conversation with Benjamin Wong

Thursday, November 1<sup>st</sup> 6:30-8:00pm  
Prince of Wales Auditorium  
2250 Eddington Drive, Vancouver

In his talk, Benjamin will explore

- the challenges presented by a technophilic culture and its implications on the development of healthy brains.
- the possibility that screen technology usage plays, at best, a minimal supportive role, and at worst, a harmful role in healthy child development.
- the difference between video game use and addiction.
- the idea that the most important lessons for children and youth are non-technical in nature.

Benjamin Wong is a Registered Clinical Counsellor in British Columbia, Canada, and has been working with individuals and families affected by problem video gaming for the past 11 years. Prior to addictions work, Wong held clinical and leadership positions in vocational rehabilitation and school counseling. He advocates for parental involvement from early infancy in a child's development and the responsible use of electronic screens to enhance learning, social skills, resilience and mental health fitness.

*This talk is free and relevant for parents of K-12 students.  
Thank you to the Prince of Wales PAC for their support.*