

Cross Country Schedule : 2018

Mini Meets : Start at 3:30pm – Rain or Shine.

The order of the races: Gr 7's, K/1's, 2's, 3's, 4's, 5's, 6's – boys then girls

#1 Wed. Sept 26th @ Vanier Park (Maritime Museum) Ogden Ave & Chesnut St.

#2 Tues. Oct 2nd @ Jericho East (by the Jericho Concession).

#3 Thurs. Oct 11th @ Balaclava Park (31st & Balaclava St.).

District (City Finals) Meet: Thurs. Oct. 18th Trout Lake (15th & Victoria) 1:00pm start!!!

The order of the races is the same as the mini meets (see above). This meet will not be rescheduled if cancelled for any reason.

Practices : Meet in the Gym – 3:15-4:15pm

We will also be using 'Off to a Running Star' as part of our practices/training.

Tues. Sept. 18th

Tues. Oct. 16th

Distances :

Grade 7 Boys/Girls – 1900m

Grade 4,5,6 Boys/Girls – 1500m

Grade 1,2,3,K Boys/Girls – 1000m

Additional Information/Expectations :

- All students participating in Bayview Athletics need to have a signed consent form in order to participate
- Please inform JKC if your child is participating in Bayview Athletics – if they attend the after school program.
- All meets start promptly at 3:30pm starting with the grade 7 boys, grade 7 girls, then K/1, grade 2, grade 3 ...
- Reminder that all students must demonstrate good sportsmanship (no pushing, blocking, tripping ...) Students are representing Bayview and need to demonstrate responsible and respectable behavior at practices and at the meets.
- Students need to wear a Bayview jersey or a Bayview t-shirt during the competitions. Students also need to wear shorts or athletic pants and running shoes. No jeans or boots, or inappropriate footwear. Please dress for the weather and bring a water bottle to stay hydrated.
- Parents are responsible to transport their child to and from the school or make arrangements with parents to carpool. Volunteer driver forms are in the office.
- We will be leaving Bayview promptly at 3:00 – We will meet in the carpeted area after the bell.
- Please check in and out with Ms. Hinds before the races and when you are leaving at each mini meet and after the District Meet.
- If you have any questions regarding the Cross Country program – please contact Ms Hinds at the school: 604-713-5433